

## THE RELATIONSHIP BETWEEN SEXUAL KNOWLEDGE AND SEXUAL SATISFACTION WITH AMONG THE TEACHERS MARITAL SATISFACTION

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### Abstract

The satisfaction of a marital life is one of the affecting factors on the validity, reliability, and the stability of families, at the same time is one of the affecting factors on the wives and husbands and children's mental health. The purpose of this study was to investigate the relationship between teachers and staffs' sexual awareness and sexual satisfaction with marital satisfaction in schools of Rasht. In this study was used a descriptive correlation method. The population consisted of all male and female teachers and staffs in Rasht in educational years (1391-1392). The sample sizes of this study were 200 teachers and staffs, who were selected by random cluster sampling. Data collection: 1- Sexual Awareness Questionnaire (SAS) Snell, Fisher, and Miller (1991) that included four factors: sexual consciousness, sexual monitoring, sexual assertiveness and awareness of sexual attraction. 2-Sexual Satisfaction Questionnaire that included 17 Likert-spectrum Maryam YavariKermani(1389). 3- Marital Satisfaction Scale Enrich, (Elson, 2006). For data analysis, Pearson correlation test and multiple regressions test with step by step method were used. Based on the research finding there is a significant relationship between sexual awareness (sexual consciousness, sexual monitoring, sexual assertiveness, sexual attraction) and sexual satisfaction with marital satisfaction, worthwhile, the sexual awareness variable for purpose of relation and power of sexual predictive regard to sexual

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satisfaction variable has the big effect, and the composition of sexual awareness and sexual satisfaction has the big effect regard to marital satisfaction.

**Key Words:** Sexual awareness, Sexual Satisfaction, Marital Satisfaction

## Introduction

Sexual instinct Of Innate needs Humans. So that Maslow this need for the physical needs of the class or have basic vital needs (Shamlou, 2001; bakhshaish, 2009).

Several studies have been conducted on factors associated with marriage, shows the importance of gender issues among the issues are primarily couples (Dankamb, 1983, Crawford and Pope, 2003; Bradbry and Karen, 2004, Davis Shower , 2006; translated Shafiabadi et al, 2010).

Although prosperous married life is only partly related to sexual relationships however, this relationship may be the most important cause of happiness or lack of happiness in married life. Because if this relationship is not convincing, leading to feelings of deprivation, frustration and lack of safety (risk for mental health), and thus the disintegration of the family will be (bakhshaish, 2009).

In terms of the most basic and the extent of family history, Organization or social institution is most universal. This shows that the survival of many worthy families is important for the individual and mankind (Shariati, 2010).

The family also has a productive workforce and cut other social institutions, such as the normal or anomaly depends on the general condition and none of the social problems of families, regardless of family influence is not created by (Shariaty, 2010)

The World Health Organization also the family as the primary social factor is introduced to increase the health and well-being (bakhshaish, 2009).

Various researches have pointed out that this is also a successful marriage makes people happier, healthier, more joyful living (bakhshaish, 2009).

Leading to increased levels of sexual satisfaction, marital quality and marital stability, thereby increasing the life is created. For most couples, sexual satisfaction is important and is considered a personal matter (Hyde and Lamatr, 2000, translated by King Black et al, 2009).

In this context can be said although prosperous married life to sexual relationship is only partly related to however, this relationship may of most important factor in marital prosperity is

prosperity or not. Because if this relationship is not convincing, leading to feelings of deprivation, frustration and lack of safety (risk for mental health), resulting in the disintegration of the family will be (bakhshaish, 2009).

Sexual dissatisfaction can also deep problems in the relations of the wife of the couple and hate, resentment, jealousy, competition, sense of revenge, feeling humiliated, so they feel a lack of confidence leads These issues by tension, or in terms of their appearance and the appearance is enhanced and becomes gradually deeper divide between the spouses (Christopher and Asprchr, 2000; translated Shafiabadi et al, 2010).

Hence, knowing the correct lifestyle and fine art of all arts that requires extensive research and deep experience. The artist lives and love to be on technique, body and emotions and desires of its dependencies is somewhat familiar.

It causes a person to love and hate, of love, lust and sexual excitement and related laws are met. Sexual desire, but the interesting thing is, the men and women who indulge in soul and body, to be worn (Chupankarh, 2008).

Physical and emotional health and mental health depends on the health of the community and the continuity and survival of the marital relationship is marriage. Marital satisfaction as an individual's consent and the consent of the family is the family of the concept of life satisfaction and excellence and thus facilitate Amrrshd material and spiritual progress of society will be.

The present paper Survey of sexual knowledge, sexual satisfaction in different periods of life, especially married life, which is the impact on mental health, it is of high importance.

**Methods:** This research is a correlation . The population of this study consisted All the teachers and staff of men and women in schools in Rasht school year 2012-2011 requirements. The sample size of this study is to us altogether , 200 of which were selected by cluster random sampling.

Collection tool Information: 1 - Sexual Awareness Questionnaire (SAS) Snell , Fisher, & Miller ( 1991). With four factors : sexual consciousness , sexual surveillance , sexual assertiveness and awareness of sexual attraction . 2 - Sexual Satisfaction Questionnaire 17-item Likert helpers M. Kermani( 2010). 3 - Enrich Marital Satisfaction Scale ( Olson , 2006).

Direction analysis of the Pearson correlation coefficient and stepwise multiple regression test was used.

**Data analysis:** In the first step of sexual knowledge is modeled that this variables explained 32% of variance has the ability, in the second step of changing sexual satisfaction sexual knowledge was added to the variable which is added 3% of the variance.

Shown in Table 2 analysis of variance. Analysis of variance model data in Table 2 above shows The model 1 in Table significance level 0.01 with degrees of freedom (197, 1) value (95.832) are significant

Therefore with confidence 0.99 it follows that there is a relationship between sexual knowledge with marital satisfaction and the predictor variables (sexual knowledge) power prediction criterion variable (marital satisfaction) is.

**Based on the research findings:**between sexual knowledge with there is a significant relationship between marital satisfaction. Course is noteworthy that the relationship between sexual knowledge and predictive power greater effect than changing sexual satisfaction and the combination of sexual knowledge and sexual satisfaction of sexual satisfaction.

Table 1: Summary Step by step regression analysis, variables sexual knowledge and sexual satisfaction with marital satisfaction

Standard error	Modified R	R <sup>2</sup>	R	Predictive component	Step
9.16613	0.327	0.327	0.572 <sup>a</sup>	Sexual knowledge	1
8.99619	0.028	0.355	0.596 <sup>b</sup>	Sexual knowledge and sexual satisfaction	2

Table 2: Results of regression analysis of variance of Model 2

Model	Sources changes	Square	Degrees of freedom	Mean square	F	Significant level
1	Reg	8051.569	1	8051.569	95.832	. <sup>b</sup> 000
	Residual	16551.516	197	84.018		
	Total	24603.085	198			
2	Reg	8740.537	2	4370.268	54.000	. <sup>c</sup> 000
	Residual	15862.549	196	80.931		
	Total	24603.085	198			

**Conclusion:** The results showed that the effect of changing sexual knowledge more in terms of the relationship and predictive power with respect to the variable composition of sexual knowledge and sexual satisfaction, sexual satisfaction and marital satisfaction is on

One of the factors affecting the stability and reliability of marital satisfaction in families, yet the mental health of children. Several factors led to marriage, spouse's consent to the sexual knowledge is a factor that is trying to be considered in relation to marital satisfaction.

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