

A STATELESS STATE: LIFE AFTER NEAR DEATH EXPERIENCE

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Abstract

Various Research studies claim that the people who experience Near Death Experience in their life reveal changes in their behavioural aspect towards handling issues. As indicated by various researches NDE experienced people tend to become more introversive when a self comparison metric is set. Many researchers are subjecting it as post traumatic stress. But there are no significant justifications towards that claim. There is ever long battle going between medical science and alternate believes regarding the Death or the happenings after the Death? Is it about complex medical science or a collective subconscious rising upon the occasion? Well, Near Death Experience as the terminology itself claimed to be coined but nevertheless the researches going around the world are still struggling to explain the cognitive behavioural changes inhibited and exhibited by the people whom have undergone it. In the year 2014 Southampton University scientists have found evidence that awareness (conscious) continues for at least several minutes after clinical death which was previously thought impossible. Deeper understanding is required in essence of understanding the phenomenon itself. we need to understand that whether this phenomenon happens due to profound compound chemical reactions that happens in brain or the collective subconscious revealing the unexplored dimension. The behavioural aspect of study with respect to the people undergone the NDE phenomenon will help us in understanding the phenomenon in a broader sense.

KeyWords : NDE , Conscious,Cognition , Awarness, Resurrection

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Introduction

Isolating the contents getting visualized during the Near Death Phenomena some other interesting behavioural gaps are visualized like the inner self of one's undergone NDE getting redefined ,eg Non Materialistic approach towards life. But the truth is the capability to interpret NDE and to cognize them appropriately can alleviate the emotional imbalance and bring stability. Generally it is seen that people who have experienced NDEs, are unruffled and endowed with a stateless state. What makes them so tranquil, do they cognize in transcendental state? Answers are still closed in semi-transparent envelops which are required to be opened to introduce a cosmic arena of knowledge which may help mundane people to learn how life be spent serenely. How do people react when inadvertent thought meet them? How does the Emotional Quotient transform ingeniously for those who have felt death (NDE)? People who claim to have experienced of afterlife seem to attain a 'Stateless State.'

Medical Science or Metaphysics

The scientific community, despite having a different view, they often label this phenomenon as (i) Neurotransmitters flooding the dying brain, (ii) Hallucinations, (iii) Anoxia, (iv) Cortical disinhibition, (v) Right temporal lobe stimulation, (vi) Depersonalization etc. But there is no substantial claim to the aforementioned label.

In situations of actual near-death experiences the facts are still unfolded, a review by Nelson and colleagues suggested that the light what people percept may be due to the visual activity named retinal ischemia [*Nelson, K.R. et al*]. It happens when the blood and oxygen supply to the eye is depleted. Indeed, such tunnel vision is associated with extreme fear and hypoxia (i.e. Oxygen loss), two processes common to dying [*Dean Mobbs et al*]. NDE experienced people mentioned that they witnessed passed out people and relatives in the house, which has been linked to pallidotomy lesions, a reason due to the result of abnormal dopamine functioning, which is considered as the chemical that can evoke hallucinations [*Manford, M. et al*]

Studies had been done over the cognitive function during cardiac arrest and a proportion of survivors report that survival from cardiac arrest leads to specific long term psychological and change of stance in cognitive ability which include impaired concentration levels and memory

function as well as post-traumatic stress disorder [S. Parnia *et al*]. It has also been proposed that hypoxia may induce hyperactivity of the NMDA receptor that may in turn lead to a NDE

NDEs have been described by some medical professionals in medical journals as brain anomalies such as (a) Neurotransmitters flooding the dying brain, (b) Hallucinations, (c) Anoxia, (d) Cortical disinhibition, (e) Right temporal lobe stimulation, (f) Depersonalization, (g) Subconscious Birth Memory, (h) Endorphins, (i) Disassociation, (j) REM state intrusion, etc. All the above mentioned few of the scientific references trying to justify the claims they have. But till date, no clear purview is there in this consent. A literature review fails to show a consensus on how emotions interact between personality features and behavior [Tiberi, E.]. Tiberi concluded in her study that the continuity of emotions, both in the waking, conscious state and the out of body state implied that emotions were the key to showing continuity and oneness between earth and what lies beyond

Some researches recognize the influence of emotions on memory, and therefore, considers that emotions are the predominant factor over cognitive systems in general. Still others will assign primacy to the cortex because it has the ability to override the emotions through rational thinking [Jody A *et al*]. In a research where more than 300 people who claimed to have NDE were interviewed. Out of them 30.14% of NDE experienced people felt positive perceptions such as such as serenity, tranquil, compassion etc. A total of 23.97% of those experienced indicated that they were gloomy, felt rejected, or unhappy at having to come back to earth because they really wanted to stay on the other side. 10.62% of people expressed hopeful changes in life, awakening consciousness and 8.56% of people mentioned that experience factors were the best part of the experience [Jody A *et al*].

Apart from these there are so many Universities across the who had dealt with this phenomenon and dealing with this currently. Some of them are given below

- University of Virginia: Division of Perceptual Studies (1967 - present)
- University of Amsterdam: Anomalous Cognition Section (1990s - present)
- University of Southampton (2008-present)
- University of Philosophical Research, USA (1998-present)
- Stony Brook University School of Medicine (2014-present)

The American Psychological Association defines near-death experiences as "profound psychological events with transcendental and mystical elements, typically occurring to individuals close to death or in situations of intense physical or emotional danger."

There is a division in scientific community accepting the phenomenon and trying to correlate it scientifically and there is another wing who rubbishes that there exists no such phenomenon. Well honestly the truth is yet the world is to receive any concrete evidences to prove or to disprove the phenomenon. But there remains a constant puzzling factor that whether this phenomenon is a systematic medical functionality or a metaphysical collate.

Stateless State

A new terminology "**Stateless State**" is proposed in order to signify and address the cognitive resurrection and the behavioral change that incurs to the NDErs. The "**Stateless State**" is defined as the cognitive ability of accepting the consequence of events happening to one in a neutral perspective rather than pouring down with reactions or emotions. It derives the emotional equilibrium. There is a balanced approach in terms of emotions and actions which were observed by numerous studies of NDErs. The actions exhibited by NDE experienced with respect to emotions transformed from the inside out, things were more matured, focused and no more subjective for those people.

Conclusion

Science and technology have unfastened the gate of unbounded information and knowledge but the depth of human psyche and emotional resonance of human heart cannot be fully measured by instruments. There is always a nuance of clairvoyant with concrete. Emotional equilibrium is the need of the hour. People have advanced and benefited by technological explorations but after having materialistic gain, they still are seen struggling with aloofness and the result is discontented and gloomy mental periphery to live in. Society is made up of 'self' and if the self is blessed with 'consciousness', it will be an instrument of healing self and society. The vision towards life after the incident for those individuals is observed as the state and its an ambitious stance that what if the reasons for the transformation is spotted and capsule as a therapeutic model for the society which is deprived to address factors like stress.

A Cognitive Framework is suggested to bridge emotional quotient to emotional equilibrium and introduce a 'stateless state' which may bring inner harmony and peace. In never-ending conflict of intelligence and emotion, science and metaphysics, there should always be stability and to get that poise, empirical study of cognition is chosen as to explore the unexplored

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