

## **DESIGN AND PREDICTED OPTIMIZED EXTENDED RELEASE ACECLOFENAC MICROPARTICLE FORMULATIONS**

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### **ABSTRACT:**

Optimization is a process of making a formulation as select as possible within a given physical, chemical and biological consideration. The final product must meet the requirement from a bioavailability, practical mass production and product reproducibility standpoint. Development of Extended release formulation employing optimization technique is based on many statistical experiments which are recognized as useful techniques to design an optimized formulation with desired properties wide. Particle size, entrapment efficiency and dissolution rate. In a short time period and with minimum number of trials. In the present study, two optimized formulations of Aceclofenac, employing different polymers (ethyl cellulose and eudragit RSPO), have been generated through use of software based optimization technique, response surface methodology (RSM). The predicted optimized formulations need validation to find their suitability for acceptance. Validation of predicted optimized aceclofenac formulations.

**Keywords:** Optimization, Response surface methodology, Extended release, Aceclofenac, Ethyl cellulose and Eudragit RSPO, Emulsion solvent evaporation technique.

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## Introduction

The widespread interest for microencapsulated drug can be explained by the aim to reduce drug oral administration gastric secondary effects. The short biological half-life of 1-4h following oral dosing makes aceclofenac, a non-steroidal anti-inflammatory drug (NSAID), an ideal candidate for microencapsulation [Saravanan *et al* (2003)]. Several process parameters involved in the emulsion-solvent evaporation method, like nature and concentration of dispersing agents, aqueous and organic phase volumes, stirring rate of emulsion system, affect the final microcapsules properties (Pongpaibul *et al* 1988; Sanadrap and Moes 1993; Sanchez *et al* 1996). Dispersing agents have an important role in the production of lipophilic and hydrophilic phase of the emulsion (Lambert *et al* 2000). During the solvent evaporation process, the gradual removal of the solvent from the polymer droplets is accompanied by a corresponding decrease of the volume and the increase of the viscosity of the individual droplets. Highly viscous droplets particularly coalesce much faster than they can divide. Droplets coalescence and particle coagulation can usually be overcome by the use of a small amount of a suitable dispersing agent (Jalil and Nixon 1990). It provides a thin protective layer around the droplets and hence reduces the extent of their collision and coalescence.

A pharmaceutical optimization of formulation has applying two objectives, (1) to determine and quantify the relationship between the formulation's response and the independent variables and (2) to select and quantify formulation and processing variables that produce the best response values. Response surface methodology (RSM) has proven to be a useful tool for achieving both the objectives (Khuri *et al* (1987); Hussain *et al* (1991)). The procedure encompasses (a) designing a set of experiments that will reliably measure the response variables, (b) fitting a mathematical model to the data and conducting appropriate statistical tests to assure that the best possible formulation was chosen, and (c) Formation of the optimum levels of independent variables that produce the best response [Khuri *et al* (1987)].

One approach uses a constrained optimization procedure [Takayama *et al* (1983)]. This is done by optimizing one response variable while placing constraints on the remaining response variables to keep them within acceptable limits. However, this method does not really fulfill the goal of optimization, which is to attain the best balance among all the response variables

[Derringer *et al* (1980)]. The second method is to superimpose the contour diagrams of the different response variables [Lind *et al* (1960)]. The main drawbacks of this method are that the response factors may be too many to visualize the contour plots in higher dimensions (i.e., more than three dimensions) and that the scales of the different responses may be too different to be plotted on the same graph [Bayne *et al* (1986)]. Another approach to solving the problem of multiple responses is through the use of a desirability function that combines all the responses into one measurement. The advantages of using desirability functions include the following: (1) responses that have different scaling can be compared, (2) the transformation of different responses to one measurement is simple and quick, and (3) Both the effective and retarded responses can be used [Harrington *et al* (1965)]. The desirability function was first introduced by Harrington [Hassan *et al* (1992)]. Derringer and Suich later employed a different and simpler form of desirability function. This linear desirability function was later used by Hassan *et al* (1992) to optimize a magnetic micro particles formulation. In the present investigation, Response surface methodology (RSM) to design and optimize an extended release formulation of aceclofenac-loaded micro particles.

In the present study the Aceclofenac loaded extended release micro particles were prepared as per experimental design methodology using emulsion solvent evaporation technique. In this study, to design the extended–release micro particles prepared by solvent deposition system were combined into one step. Aerosil, an inert solid dispersing carrier, was introduced in this formulation to improve the dissolution rate of poorly water-soluble drug and the controlled release polymer Eudragit RSPO was employed to bind the inert solid dispersing carrier into micro particles and control the release rate. The significant responses were evaluated and optimized.

## **1. Preparation of predicted optimized formulations of Aceclofenacmicroparticles (AECM & AEUM)**

### **1.1 Materials and Method**

**Materials:** Aceclofenac was purchased from sigma Mumbai, India. Ethyl cellulose (EC having ethoxyl content of 48- 49.5 % by weight and viscosity of 18 - 22 cps), Eudragit RSPO (Mn=33800g/mol batch no.-5673) was obtained from Loba Chemie Pvt Ltd, Mumbai; Aerosil

200 (colloidal silicon dioxide), from Cobot Sanmer Ltd Mumbai. Dichloromethane AR & Acetonitrile (HPLC grade), Tween 80 (AR grade) were from Qualigens, Mumbai; Potassium Dihydrogen Orthophosphate AR, Sodium Chloride & Sodium Hydroxide AR from SD Fine Chemicals, Mumbai, India. All other reagents were of analytical grade.

**Method:** Aceclofenac microparticles using ethyl cellulose and eudragit RSPO as per the predicted optimized formulations (*Table 1*) were prepared by emulsion solvent evaporation technique employing a dispersing carrier, aerosil. Predicted optimized processing parameters were followed during preparation of microparticles.

**Table 1. Predicted optimized formulae of Aceclofenac microparticles made with Ethyl cellulose and Eudragit RSPO (AECM&AEUM)**

| Composition       | AECM AEUM           |                |
|-------------------|---------------------|----------------|
|                   | Aceclofenc          | 200 mg         |
| Ethyl cellulose   | 600 mg              | -              |
| Eudragit RSPO     | -                   | 500mg          |
| Aerosil           | 100mg               | 100mg          |
| Emulsifying agent | Tween 80<br>(0.12%) | SDS<br>(0.12%) |

**Step: 1 Preparation Aqueous Phase:** 180 mg of emulsifying agent [Tween 80/ Sodium Dodecyl Sulphate (SDS)] was dissolved in 150 ml of milliQ water.

**Step: 2 Preparation of organic phase:** Required quantity of the polymer (ethyl cellulose or eudragit RSPO) was dissolved in 14 ml of dichloromethane. The required quantity of the drug, Aceclofenac (200 mg), was dissolved in 6 ml of acetone. The drug and the polymer solutions were mixed together and aerosil, a dispersing carrier (100 mg), was dissolved in the above solution.

**Step: 3 Preparation of microparticles:** The organic phase was added to the aqueous phase with stirring at predicted optimum speed (1100 rpm for AECM & 800 rpm for AEUM) using a medium duty mechanical stirrer (ROL 124, Remi Motors Ltd, and Mumbai) to get fine emulsion.

Stirring was continued for around 1 hour. The microparticles were recovered by filtration, washed with distilled water, air dried and stored in a desiccator containing fused calcium chloride as desiccant.

## 2. Evaluation of Aceclofenac ethyl cellulose microparticles (Final products)

Prepared Aceclofenac microparticle formulations (AECM & AEUM) were evaluated for yield entrapment efficiency and drug release etc. various physico-chemical properties (yield entrapment efficiency and drug release)

1. If the product made were of desired attributes were evaluated to assess.
2. If the product performs as per desired responses drug release pattern.

### 2.1. Yield & Drug entrapment efficiency:

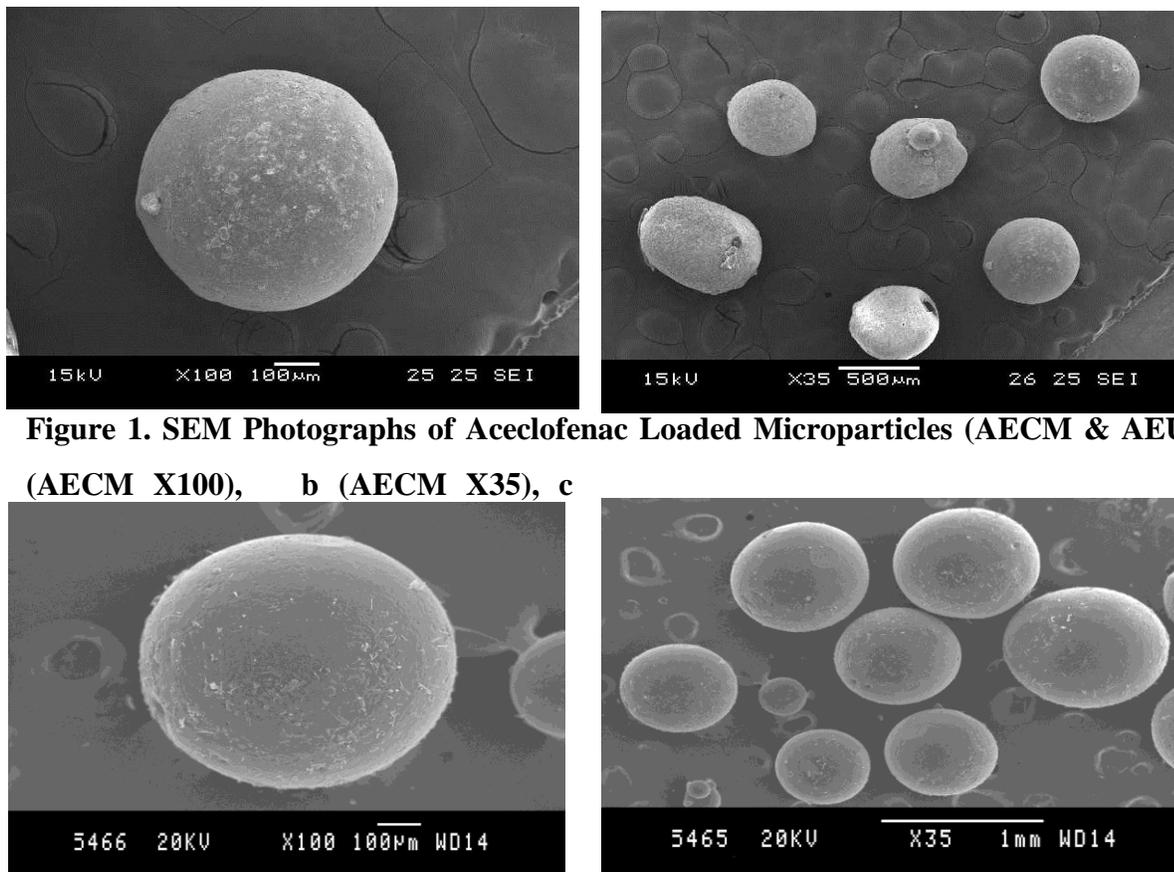
Yield and drug entrapment efficiency of the prepared microparticles were determined by the methods. The results are shown in Table.2.

**Table.2. Entrapment efficiency of optimized Aceclofenac microparticles made with ethyl cellulose (AECM) and eudragit RSPO (AEUM).**

| Optimized Aceclofenac Microparticles formulation | Entrapment Efficiency (%) | % Yield |
|--|---------------------------|---------|
| AECM   | 82.62                     | 86      |
| AEUM   | 83.37                     | 84      |

### 2.2. Surface morphology

The surface morphology of the prepared microparticles was characterized by scanning electron microscopy (SEM). The SEM photographs of the microparticles are furnished in *Figure 1*. The microparticles were spherical to near spherical in shape with smooth surface in both the formulations (AECM & AEUM).



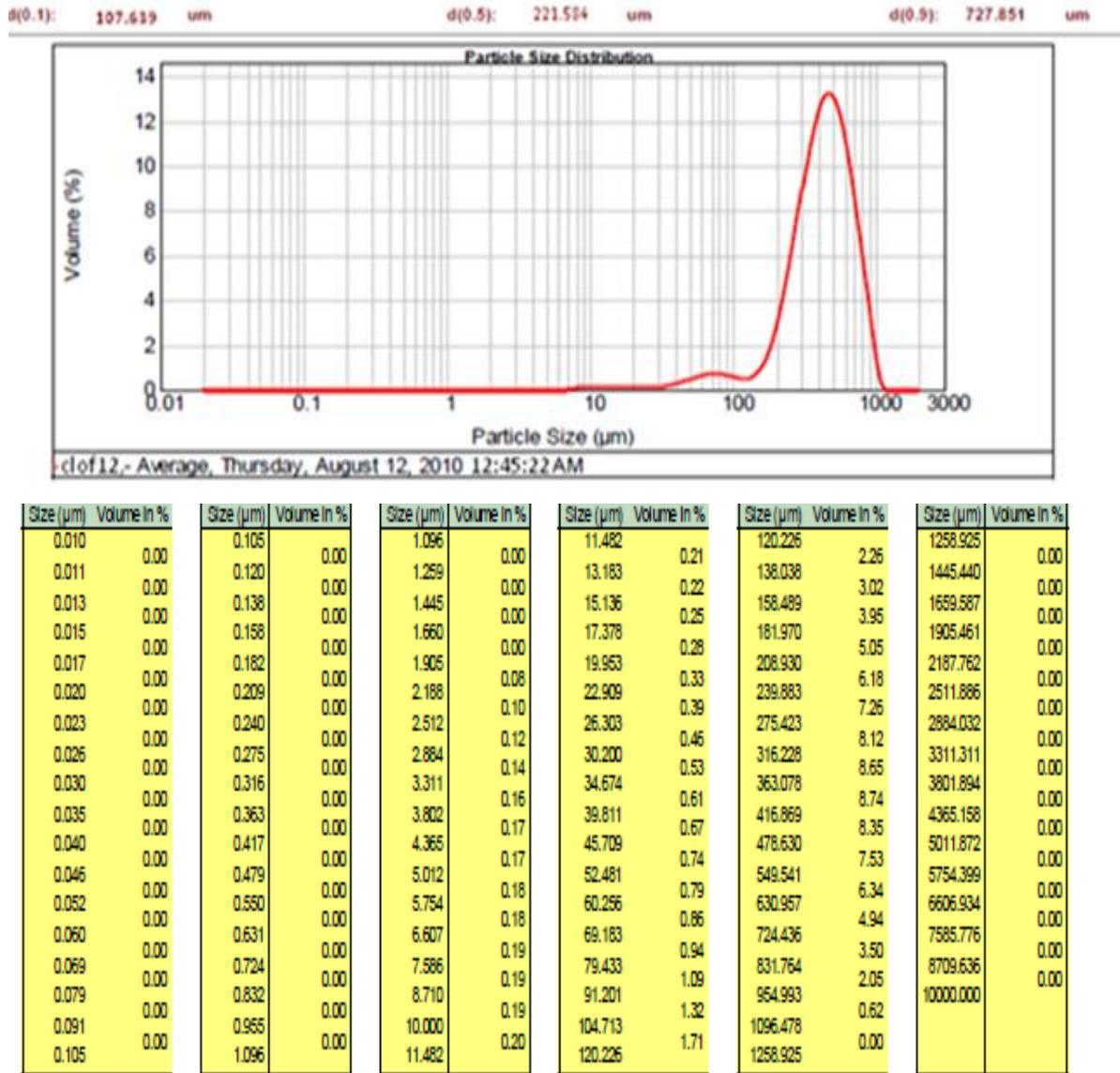
**Figure 1. SEM Photographs of Aceclofenac Loaded Microparticles (AECM & AEUM): a (AECM X100), b (AECM X35), c**

**(AEUM X100), & d (AEUM X 35),**

### 2.3. MICROMERITICS:

#### Particle size analysis

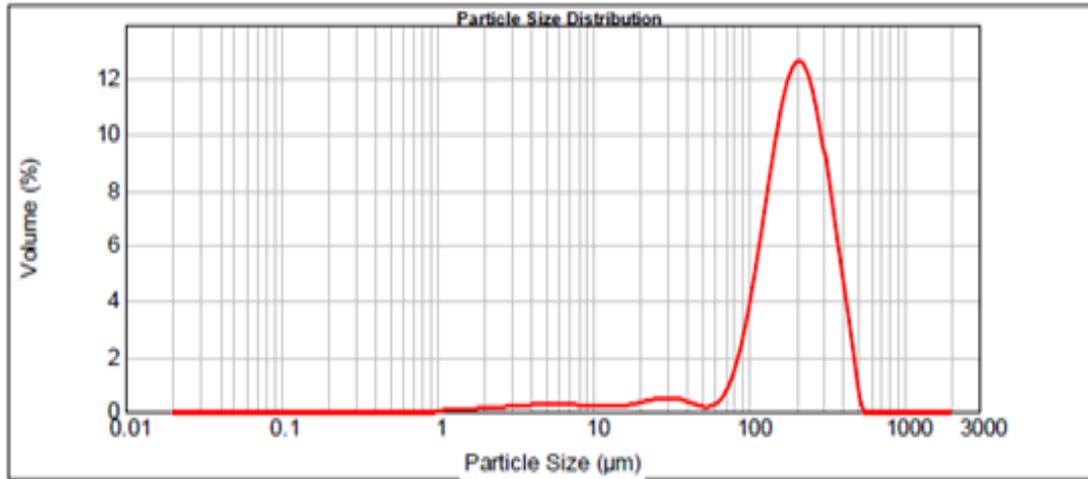
Particle size analyses of aceclofenac micro particles were carried out using Malvern particle size analyzer (Malvern Instruments, UK) following the method of Ziyauet al 2006. About 10 mg of microparticles was suspended in 5 ml of purified water and analysed with an obscuration index of about 10% (measure of amount of light lost due to introduction of sample against light path). Particle size distribution curves (Volume % vs. size) were recorded and the results are shown in (Figs.2a and 2b). The average particle size of microparticles was found to be 221.534  $\mu\text{m}$  and 197.209  $\mu\text{m}$  for AECM and AEUM respectively.



Figure

2a. Volume (%) size distribution curve of aceclofenac ethyl cellulose microparticles (AECM).

d(0.1): 93.342 um d(0.5): 197.209 um d(0.9): 344.232 um



| Size (µm) | Volume In % |
|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|-----------|-------------|
| 0.010     | 0.00        | 0.105     | 0.00        | 1.096     | 0.08        | 11.482    | 0.20        | 120.226   | 6.78        | 1258.925  | 0.00        |
| 0.011     | 0.00        | 0.120     | 0.00        | 1.289     | 0.10        | 13.183    | 0.20        | 138.038   | 8.72        | 1445.440  | 0.00        |
| 0.013     | 0.00        | 0.138     | 0.00        | 1.445     | 0.12        | 15.136    | 0.23        | 158.489   | 10.29       | 1659.587  | 0.00        |
| 0.015     | 0.00        | 0.158     | 0.00        | 1.660     | 0.14        | 17.378    | 0.28        | 181.970   | 11.23       | 1905.461  | 0.00        |
| 0.017     | 0.00        | 0.182     | 0.00        | 1.905     | 0.16        | 19.953    | 0.35        | 208.930   | 11.30       | 2187.762  | 0.00        |
| 0.020     | 0.00        | 0.209     | 0.00        | 2.188     | 0.18        | 22.909    | 0.41        | 239.883   | 10.47       | 2511.886  | 0.00        |
| 0.023     | 0.00        | 0.240     | 0.00        | 2.512     | 0.20        | 26.303    | 0.45        | 275.423   | 8.88        | 2884.032  | 0.00        |
| 0.026     | 0.00        | 0.275     | 0.00        | 2.884     | 0.22        | 30.200    | 0.45        | 316.228   | 6.76        | 3311.311  | 0.00        |
| 0.030     | 0.00        | 0.316     | 0.00        | 3.311     | 0.24        | 34.674    | 0.40        | 363.078   | 4.59        | 3801.894  | 0.00        |
| 0.035     | 0.00        | 0.363     | 0.00        | 3.802     | 0.26        | 39.811    | 0.30        | 416.869   | 2.50        | 4365.158  | 0.00        |
| 0.040     | 0.00        | 0.417     | 0.00        | 4.365     | 0.27        | 45.709    | 0.20        | 478.630   | 0.38        | 5011.872  | 0.00        |
| 0.046     | 0.00        | 0.479     | 0.00        | 5.012     | 0.28        | 52.481    | 0.18        | 549.541   | 0.00        | 5754.399  | 0.00        |
| 0.052     | 0.00        | 0.550     | 0.00        | 5.754     | 0.28        | 60.255    | 0.36        | 630.957   | 0.00        | 6606.934  | 0.00        |
| 0.060     | 0.00        | 0.631     | 0.00        | 6.607     | 0.27        | 69.183    | 0.84        | 724.436   | 0.00        | 7585.776  | 0.00        |
| 0.069     | 0.00        | 0.724     | 0.00        | 7.586     | 0.25        | 79.433    | 1.74        | 831.764   | 0.00        | 8709.636  | 0.00        |
| 0.079     | 0.00        | 0.832     | 0.03        | 8.710     | 0.23        | 91.201    | 3.08        | 954.993   | 0.00        | 10000.000 | 0.00        |
| 0.091     | 0.00        | 0.955     | 0.07        | 10.000    | 0.21        | 104.713   | 4.83        | 1096.478  | 0.00        |           |             |
| 0.105     | 0.00        | 1.096     | 0.07        | 11.482    | 0.21        | 120.226   | 4.83        | 1258.925  | 0.00        |           |             |

Figure 2b. Volume (%) size distribution curve of aceclofenac loaded microparticles (AEUM).

### Flow and compressibility characteristics:

Flow behavior and compressibility of the aceclofenac loaded microparticles were evaluated by methods and results are shown in *Table .3*.

**Table 3. Flow and compressibility characteristics of final Aceclofenac loaded microparticles (AECM & AEUM).**

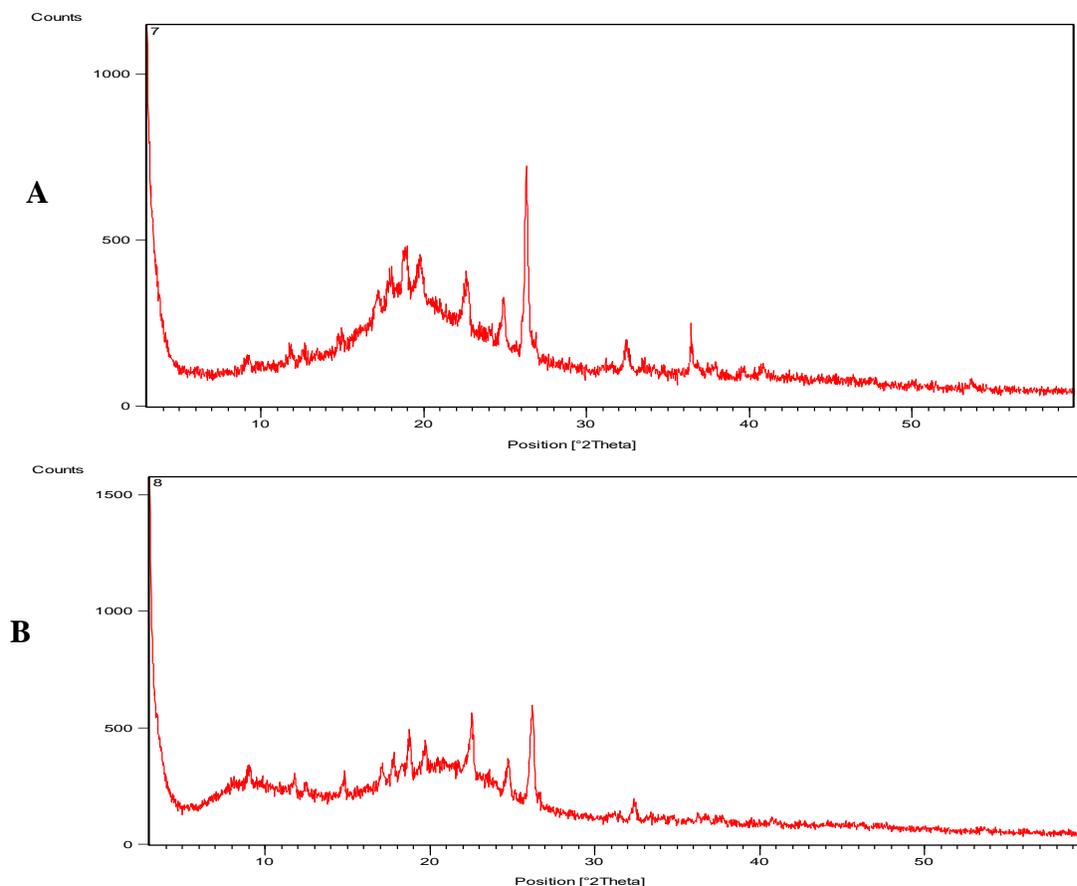
| S.No | Parameters                       | AECM*       | AEUM*       |
|------|----------------------------------|-------------|-------------|
| 1    | Angle of Repose(°)               | 18.13±0.002 | 19.11±0.002 |
| 2    | Bulk Density(g/cm <sup>3</sup> ) | 0.627±0.004 | 0.562±0.004 |
| 3    | True density(g/cm <sup>3</sup> ) | 0.721±0.003 | 0.637±0.003 |
| 4    | Carr's Index (%)                 | 14.42±0.002 | 15.26±0.002 |
| 5    | Hausner's Ratio                  | 1.1±0.002   | 1.1±0.002   |

\* Values are Mean ± SD, for n=3

The angle of repose of microparticle formulations were 18.13° (AECM) & 19.11° (AEUM) indicating their excellent flowability. This was further supported by the values of compressibility indices, Carr's index (14.42: AECM) & 15.26: AEUM) & Hausner's ratio (1.1 for both the formulations) of the microparticle formulations.

### 2.4.X-ray diffractometry

The X-ray diffractometric studies conducted for both the optimized aceclofenac microparticle. X-ray diffraction is one of crystallography characterization tools. It is employed by researchers for a wide variety of applications – it is used as an analytical tool in identification of the constituents of mixtures of crystalline phases; and for the measurement of lattice parameters. Aceclofenac formulations prepared with polymer ethyl cellulose (AECM) and eudragit RSPO (AEUM) showed the presence of characteristic peaks of the drug, aceclofenac, in the formulations (*Figure. 3*). These results indicated presence of the drug in the polymeric matrix of microparticle formulations either as dispersed / entrapped molecularly or in amorphous form.

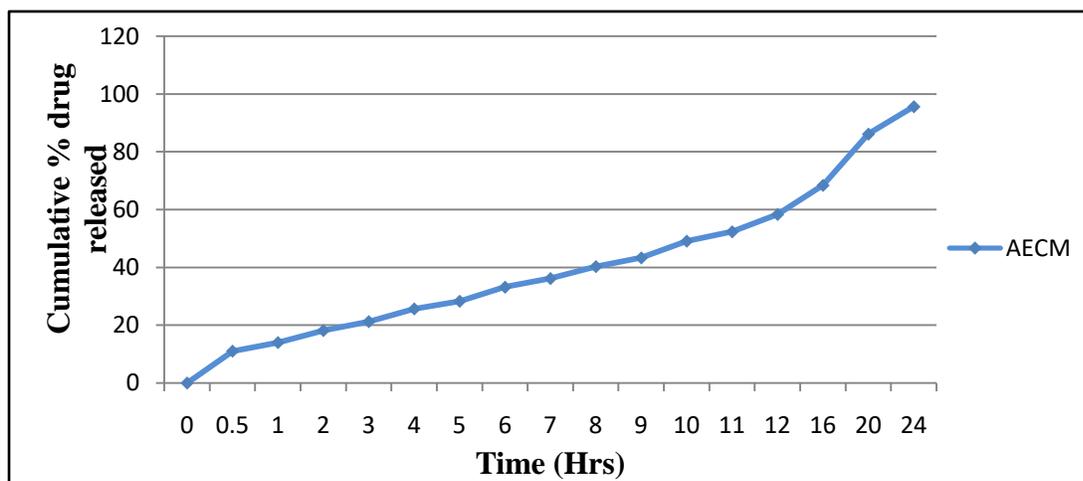


**Figure 3.** X-ray diffractogram (XRD) of final product of Aceclofenac loaded microparticles. (A. AECM, B. AEUM)

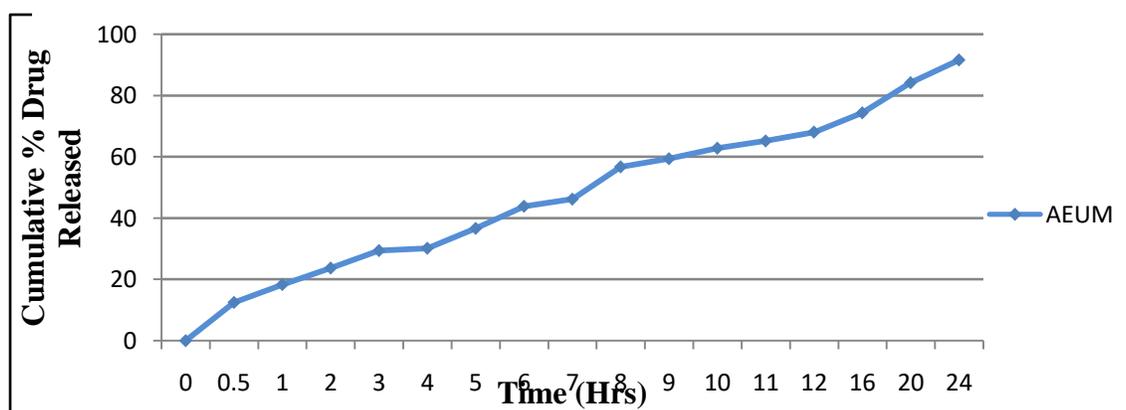
### 3. In vitro drug release of Final product of aceclofenac microparticles

*In vitro* drug release from the aceclofenac microparticles was carried out in USP Dissolution apparatus type I [Tablet Dissolution Tester, USP XVIII model, Electrolab, India] using 900 ml of phosphate buffer (pH 7.4) maintained at  $37 \pm 0.5^\circ\text{C}$  and 50 rpm. Microparticles, equivalent to 10 mg of aceclofenac, were used for the study. 10 ml of the sample solution were withdrawn at predetermined time intervals (viz. 0.5, 1, 1.5, 2, 3, 4, 5, 6, 7, 8, 9, 10, 11, 12 and 24 hours). The samples were filtered through  $0.45 \mu\text{m}$  membrane filter and analyzed in a UV-VIS spectrophotometer at 275 nm following this method of Rojniket *al* 2005. Every time the test sample was withdrawn, it was replaced with an equal amount of fresh dissolution medium, maintained at  $37^\circ\text{C}$ .

*In vitro* drug release data were fitted into zero order and first order kinetic models to find the drug release kinetics of the aceclofenac loaded ethyl cellulose micro particles. The mechanisms of drug release were determined by fitting the data into Higuchi, Hixson- Crowell and Korsmeyer-Peppas equations. The results are furnished in **Tables 4 (AECM)&5(AEUM)** and **Figures4 (AECM)&5 to (AEUM)**. Burst release during 1<sup>st</sup> hour was observed for both the formulations. It was 14% for the formulation AECM and 18% for the formulation AEUM. The drug release from the microparticles was slow and extended beyond 24 hours.

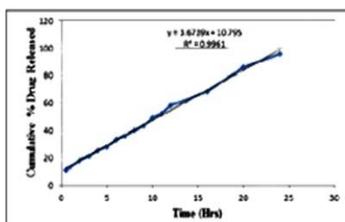


**Figure 4.** *In vitro* drug release profile of Aceclofenac ethyl cellulose microparticles (AECM)

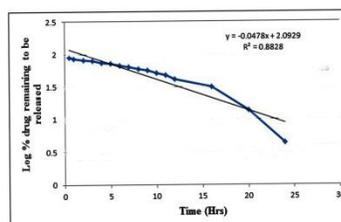


**Figure 5.** *In vitro* drug release profile of Aceclofenac Eudragit RSPO microparticles (AEUM)

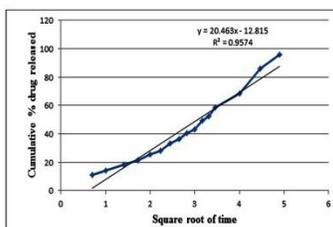
In order to determine the release model which best describes the pattern of drug release, the *in vitro* drug release data of the microparticle formulations were fitted into various models. The results are furnished in *Fig. 6 to 15*.



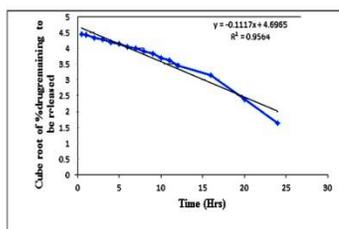
**Fig:6**  
**Zero Order Kinetic**



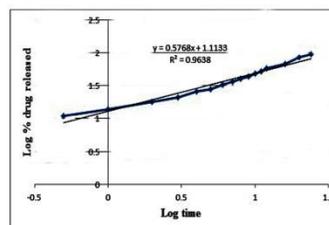
**Fig:7**  
**First Order Kinetic**



**Fig:8**  
**Higuchi Plot**

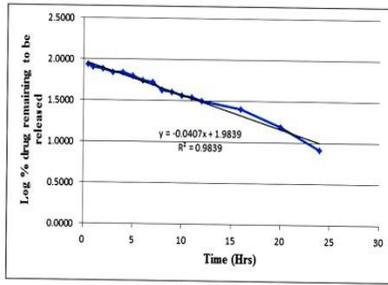


**Fig:9**  
**Hixson Crowell**

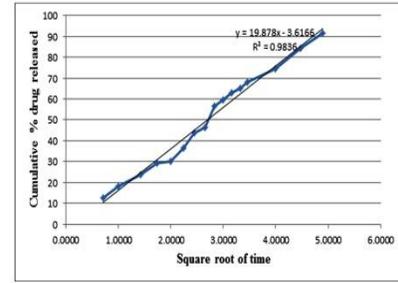


**Fig:10**  
**Korsmeyer Peppas**

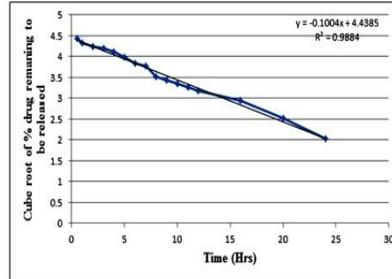
**Figure 6 -10. Kinetics of *in vitro* drug release data of Aceclofenac ethyl cellulose microparticles (AECM)**



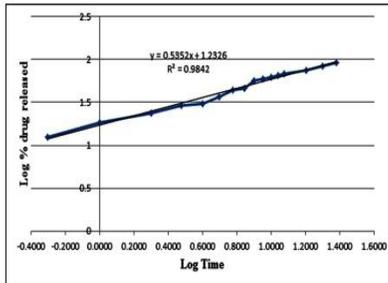
**Fig:6**  
**Zero Order Kinetic**



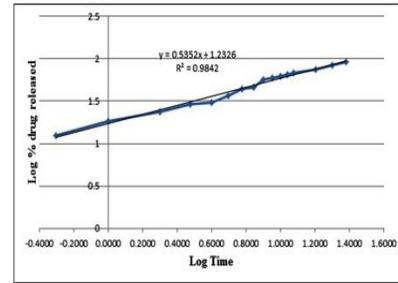
**Fig:12**  
**First Order Kinetic**



**Fig:13**  
**Higuchi Plot**



**Fig:14**  
**Hixson Crowell**



**Fig:15**  
**Korsmeyer Peppas**

Figure 11 to 14 Kinetics of *in vitro* drug release data of Aceclofenac Eudragit RSPO microparticles (AEUM)

**Table 4. Regression coefficients ( $R^2$ ), rate constants (release kinetic plots) and n (slope of Korsmeyer-Peppas plot) values of various plots of drug release data of Aceclofenac loaded microparticles in Phosphate buffer pH 7.4.**

| Optimized Formulation | Regression coefficient ( $R^2$ ) & Release rate constants |       |             |        |         |       |                |        |                  |       |
|-----------------------|---|-------|-------------|--------|---------|-------|----------------|--------|------------------|-------|
|                       | Zero order  |       | First order |        | Higuchi |       | Hixson Crowell |        | Korsmeyer-Peppas |       |
|                       | $R^2$   | $K_0$ | $R^2$       | $K_1$  | $R^2$   | H     | $R^2$          | Hc     | $R^2$            | n     |
| <b>AEC</b>            | 0.996   | 3.673 | 0.882       | -0.047 | 0.957   | 20.46 | 0.956          | -0.111 | 0.963            | 0.576 |
| <b>AEUM</b>           | 0.927   | 3.397 | 0.983       | -0.040 | 0.983   | 19.87 | 0.988          | -0.100 | 0.984            | 0.535 |

The regression coefficient values ( $R^2$ ) were taken into account to decide upon the relevance of the model/curve fit which will best describe the extent of fit. According to the coefficient values ( $R^2$ ) (*Table.4*) drug release data fits well in Peppas (0.996 for AECM and 0.984 AEUM), Higuchi (0.957 for AECM and 0.983 AEUM) as well as Hixson-Crowell cube root (0.956 for AECM and 0.988 AEUM) models.

Zero- and First- order kinetic model fits of the drug release data exhibited good zero order fit (0.996)for AECM; while for AEUM it was first order (0.983) indicating that the amount of drug released is dependent on the matrix drug load

The *in vitro* release data fits into Higuchi model indicating drug release was by diffusion. The release profile of both the formulations displayed very good fitting with Hixson-Crowell cube root model as well indicating drug release by dissolution.

According to KorsmeyerPeppas fit, the release of the drug is decided upon the diffusion of the polymeric matrix. The factors which control this are diffusion coefficient and permeability

coefficient of the polymer at a constant temperature. The values of diffusion exponent,  $n$ , of the Korsmeyer-Peppas plots between log fraction drug released and log time ranged for optimized formulations between (0.576) for AECM, and (0.535) for AEUM indicating that drug release from both the formulations (**Table 4** & AECM **Figure 9**, & AEUM **Figure15**) followed anomalous (non-Fickian) diffusion mechanism(. According to Korsmeyer-Peppas equation, value of 'n' between  $0.5 < n < 1.00$ , is indication of anomalous (non-Fickian) diffusion.

#### 4. Comparison of Predicted and Practical Response

The results of validation of the microparticle formulations (particle size, entrapment efficiency and drug release profile) were compared with those predicted through optimization technique. From the results (**Table 5**) it is evident that there were no significant differences (% deviation of  $< 2$ ) between the values of the desired responses (particle size, entrapment efficiency and drug release profile) of the aceclofenac microparticles (AECM and AEUM) obtained experimentally and those predicted through optimization technique.

**Table 5. Predicted and practical responses of optimized Extended Release  
Aceclofenac microparticles made with Ethyl cellulose and (AECM)  
Eudragit RSPO (AEUM)**

| Response                        | AECM            |                  |             | AEUM            |                  |             |
|---------------------------------|-----------------|------------------|-------------|-----------------|------------------|-------------|
|                                 | Predicted value | Practical% value | % Deviation | Predicted value | Practical% value | % Deviation |
| Particle size ( $\mu\text{m}$ ) | 225.813         | 221.534          | 1.89        | 194.770         | 197.209          | -1.24       |
| (%)Entrapment Efficiency        | 83.25           | 82.62            | 0.75        | 84.45           | 83.37            | 1.27        |
| (%) Drug release in 24 hrs      | 97.25           | 95.66            | 1.63        | 92.35           | 91.64            | 0.76        |

## Conclusion

Aceclofenac loaded microparticles were prepared successfully by emulsion solvent evaporation technique. With encapsulation efficiency increased from 82.62 % for AECM, 83.37 % for AEUM and were reasonably good (>80%). Microparticles prepared showed good flow properties as evidenced by Angle of Repose, Carr's Index and Hausner's Ratio.

*In vitro* drug release of the formulations depended on drug to polymer ratios, and formulations are above (95% for AECM & 91% for AEUM) at the end of 24 hrs, making them suitable for oral use and were selected for *in vivo* studies. The release from above formulations was slow, gradual, extended and expected to exhibit prolonged action anti inflammatory activity *in vivo*.

Aceclofenac microparticle with desired responses were prepared with optimized formulation and processing parameters. The prepared aceclofenac microparticle were evaluated to assess if desired attributes are built in the aceclofenac microparticle formulation. The evaluation results indicate that aceclofenac microparticle formulation were having the desired responses (Particle size, drug entrapment efficiency, drug release pattern). Comparable with those predicted during optimization process with (% deviation < 2.0). Thus it is inferred that optimization technique may be used as a useful tool in formulation development of aceclofenac microparticles.

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