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fgUnh lkfgR; e ukjh&foe'k

Pooja Sharma
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fgUnh ok³e; dh fofo/k /kkjkvk e ukjh&foe'k dk ifrikunu foofpr fd;k tkrk jgk g] ftle ukjh thou की अनेक समस्याएँ दृष्टिगोचर होती है। हिन्दी वाङ्मय में छायावाद काल से नारी–विमर्श का mnHko ekuk tkrk gA egknoh oek dh Ük[kyk dh dfM;k ukjh l'kfädj.k dk lUnj fun"ku gA fgUnh x| lekV e"kh çepUn l ydj jktUæ ;kno rd vud y[kdk u ukjh leL;k dk viuk fo"k; cuk;k yfdu ml :i e ugh fy[kk ftl :i e Lo; ukjh yf[kdkvk u fy[kh gA vr% ukjh&foe'k dh 'k:vkrh /ofu if'pe e Jfrxkpj gkrh gA lu 1960 b- d vkl&ikl ukjh l'kfädj.k u tkj idMk ftle pkj ukjh yf[kdkdvk d uke pfpr gA m"kk fç;onk] कृ".kk lkcrh] eUu Hk.Mkjh ,o शिवानी आदि लेखिकाओं ने नारी मन की अन्तर्द्वन्द्वों एवं आप बीती घटनाओं का विवेचन करना शुरू किया। mUgku ukjh eu d fNih vkUrfjd 'kfä;k dk igpkuk vkj ukjh dh fn'kkghurk] nfo/kkxLrrk] d.Bkkfn dk fo'y"k.k fd;kA vkj oreku le; e ukjh&foe'k dk ,d Toyr eík cuk;k gA

vkBo n'kd rd vkr&vkr ukjh&foe'k u ,d vkUnkyu dk :i y fy;k tk 'k:vkrh ukjh&foe'k l T;knk 'kfä'kkyh fl) gvkA vkt e=;h i"ik rd vkr&vkr efgyk yf[kdkvk dh ck< lh vk x;h ftlu firlÙkk lekt dk >d>kj fn;kA ukjh efä dh xt vc ng efä d :i e ifjyf{kr gku yxh gA

fgUnh ok³e; e ukjh&foe'k dh 'k:vkr Nk;kokn dky l ekuk tkrk gA egknoh oek dh dforkvk e onuk dk fofHké :i n[ku dk feyrk gA mudh Ük[kyk dh dfM;k ukjh l'kfädj.k dk श्रेष्ठ निद"ku gA ftle ukjh&tkxj.k ,o efä d i"u dk mfpr idkj l fo}Ttuk d le{k yk;k x;k gA ,lk lkfgR; ftle ukjh thou dh vud leL;kvk dk fp=.k gk Ük[kyk ukjh&foe'k dgykrk gA lekt d nk igy L=h&i:"k ,d nlj d ijd gA fdlh ,d d vHkko e nlj dk vfLrRo ugh gA mld ckn Hkh i:"k lekt u efgyk lekt dk viu cjkcj d lekurk l ofpr j[kkA blh i{kikrh; दृf"V u f'kf{kr ukfj;k dk vknkyu dju dk etcj fd;k tk vkt Toyr eík vFkkr ukjh&foe'k d :i e दृf"Vxkpj gA vkfndky l gh ukfj;k dh n'kk n;uh; ,o lkpuh; FkhA ukfj;k dh n'kk dk n[kdj Lokeh foodkun th u fy[kk g& ukfj;k dh voLFkk dk l/kkj fcuk txr d dY;k.k dh dkbZ lEHkkouk ugh gA i{kh d fy, ,d i[k l mMuk lEHko ugh gA foodkun th ukjh lekt dh okLrfod n'kk l fpfrr] n'k ,o lekt d Hkykb efgyk lekt d

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dY;k.k d cxj vlHko crk;k gA

l'khyk VkdHkkj d dk0; lxg Lokfrcn vkj [kkj ekrh rFkk ;g re Hkh tkuk dkQh pfpr jg gA budh foækg.kh dforkk e vkØk'k dh /ofu ifjyf{kr gkrh g&

^ek&cki u ink fd;k Fkk xxk
ifjo'k u yxMk cuk fn;k
pyrh jgh ifjikVh ij
cl kf[k;k pjejkrh gA
vf/kd ck> l vdykdj
foLdkfjr eu gdkjrk g
cl kf[k;k dk rkM nA^2

mi;ä i| ukjh&foe'k dh okLrfodrk dk çnf'kr dj jgh gA Lokr=;kÙkj fgUnh x|dkj ,o dfo j?kohj lgk;th ukjh thou dh okLrfod fp=.k fd;k g] mUgku viu dk0; e Lor=rk d ckn ukjh thou dh vud leL;kvk dk viu lkfgR; dk fo"k; cuk;k gA ftl Hkkjr n"k e ukjh dk ofnd dky e ^;= uk;Lr iT;Ur r= jeUr norkk** dgk tkrk Fkk vkt ogh ukjh vud idkj d 'kk"k.k dk f'kdkj gk jgh gA og dgr g&

^ukjh cpkjh g
i:"k dh ekjh
ru l {kfnr g
yid dj >id dj
vr e fpÙk gA^4

çLrr ifä e dfooj lgk; th u ukjh dk cpkjh dgdj mudh n;uh; n'kk dk o.ku fd;k g tk viu vf/kdkjk d fy, yM ugh ikrhA yfdu oreku e ;g fLFkfr ifjofrr utj vkrh gA Hkkjr ljdkj u lu 2001 dk ukfj;k d l'kfädj.k o"k d :i e ?kkf"kr fd;kA vc ukjh viu iR;d vf/kdkj dk ydj jgxhA ;gh yMkbl ukjh&foe'k ;k ukjh l'kfädj.k d :i e ifjyf{kr gkrh gA fgUnh dFkk lkfgR; e ukjh&foe'k dk tkj vkBo n'kd rd vkr&vkr ,d vkanksyu dk :i y fy;kA vkBo n'kd d ukjh yf[kdkvk e mYy[kuh; g& eerk dkfy;k] कृ".kk vfXugk=h] fp=k enxy] ef.kd ekguh] enyk xx] enyk flUgk] etyk Hkxr] e=;h i"ik] e.kky ik.M;] ukfljk 'kek] fnlrh [k.Myoky] dle vpy] bn tu] luhrk tu] çHkk[krku] l/kk vjkMk] {kek 'kek] vpuk oek]

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uferk flg] vYdk ljkoxh] t;k tknokuh] eäk jef.kdk xlrk vkfn ; lHkh yf[kdkvk u ukjh eu dh xgjkb;k] vUr}U}k rFkk vud leL;kvk dk vdu lthnxh l fd;k gA

ukjh dh n'kkvk ij vud lekt l/kkjdk u fpUrk 0;ä fd;k vkj ;FkklEHko nj dju dk ç;kl HkhA ftl l ukjh dh fLFkfr e ifjoru gvkA cã lekt] vk; lekt] fFk;klkfQdy lk;k;Vh] jkeकृ".k fe'ku rFkk vud ljdkjh lxBuk u ukjh f'k{kk ij tkj fn;k] ftldk ldkjkRed ifj.kke vk;kA onuk ohfFkdk d 'kCnk e& ^ukfj;k d fy, lcl cMk vfHk'kki mudh vf'k{kk Fkh vkj mudh ijr=rk dk çeq[k dkj.k mudh vkfFkd Lor=rk dk vHkko FkkA vkt fLFkfr ifjofrr gbl gA vkt gj {k= d }kj ukfj;k d fy, [kqy gA o gj txg ço'k iku yxh g& teh l vklek rd&iFoh l pkn rd ¼dYiuk pkoyk] lfurk fofy;e½ mudh igqp gA^4

vkt ukjh lekt d lHkh {k=k e viuh Hkkxhnkjh fuHkk jgh gA jktuhfrd gk ;k lkekftd] vkfFkd gk ;k lkLकृfrd mld ckn Hkh ;g yMkb D;k\ yfdu loky rk ;g g fd og i:"k dh Hkkfr Lor=rk pkgrh gA blhfy, firlÙkk dk fojk/k dj ikjEifjd cfM;k dk rkMuk pkgrh gA chloh 'krkCnh d vfre n'kd e ukjhoknh fopkj dk iuiu dk lvolj feykA Hke.Myhdj.k u viu reke vPNkb;k ,o cjkb;k d lkFk lHkh ox dh f'kf{kr ukfj;k dk ?kj l ckgj fudyu dk volj inku fn;kA ifj.kkeLo:i ukjh viu oftr {k=k e Bkl nkonkjh dh vkj LokyyEcu d fn'kk e rho ç;kl Hkh lkeu vk,A ukjh&foe'k oLrr% Lok/khurk d ckn dh ldYiuk gA ukjh d çfr gku oky 'kk"k.k d f[kykQ l?k"k gA Mk- lnhi j.kfHkjdj d 'kCnk e& ^ukjh&foe'k ukjh d Lo;a dh fLFkfr d ckj e lkpu vkj fu.k; dju dk foe'k gA lfn;k l gkr vk, 'kk"k.k vkj neu d çfr ukjh pru u gh ukjh foe'k dk tUe fn;k gA^5

firlÙkkRed 0;oLFkk u ukjh lekt dk ge'kk v/kdkje; thou thu dk etcj fd;k gA yfdu vkt dh ukjh pru'khy g ftl vPN&cj dk Kku gA blhfy, vc bl 0;oLFkk dk cfg"dkj dj LoPNnkRed thou thu dk vkrj fn[kkb iMrh gA ukjh vfLrRo dk ydj viu&viu le; ij db fo}kuk u fpUrk 0;ä fd;k gA rylhnkl th u ^<ky xokj] 'kæ] i'k] ukjh& ldy rkMuk d vf/kdkjh^ dgdj ukjh dk çrkMuk d ik= le>k g rk eFkyh'kj.k xlr th u ^vcyk thou gk; rEgkjh ;gh dgkuh] vkpy e g n/k vkj vk[kk e ikuh^ dgdj ukjh d fLFkfr ij fpUrk 0;ä fd;k gA çlkn u ^ukjh rqe doy J)k gk^ dgk g rk 'kDlfi;j u ^nqcyrk rEgkjk uke gh ukjh g^ vkfn dgdj ukjh vfLrRo dk ldh.k crk;k gA

v/kuk fLFkfr dN cnyh gb utj vkrh gA D;kfd NB 'krkCnh d igy rd flQ i:"k

y[kdk dk vf/kdkj Fkk] ukjh y[ku dk dkÅp y[kd dgdj glh mMk;k tkrk FkkA ijUr vc ukjh&foe'k dk Mdk blfy, ct jgk g D;kfd vkBo n'kd rd vkr&vkr ukjh yf[kdkvk dh ck< lh vk x;hA mld ckn Hkh çfl) yf[kdk lheku n ckmvkj d mä dFku ukjh lekt e ifjyf{kr gkrh g& ^^ukjh dh fLFkfr v/khurk dh gA L=h lfn;k l Bxh xbl g vkj ;fn mlu dN Lor=rk gkfly dh g rk cl mruh gh ftruh i:"k u viuh lfo/kk d fy, mls nuh pkghA ;g =klnh ml vk/k Hkkx dh g] ftl vk/kh vkcknh dgk tkrk gA^^6

ukjh efä l tM vud ç'u] mu ç'uk l tMh lkekftd] ikfjokfjd ,o vkfFkd cclh vkj mll mRiUu ukjh dh eu fLFkfr dk fp=.k vud Lrjk ij gvk gA ^^lkB d n'kd vkj mld l?k"k dk vf/kdk'k bfrgkl tkx:d gkrh gbl ukjh dk viuk jpk gvk bfrgkl gA uxjk ,o egkuxjk e f'kf{kr ,o uop ruk ;ä ukfj;k dk ,d ,lk oxl r;kj gk x;k Fkk tk lekt d fofo/k {k= e viuh dk;l {kerk çekf.kr dju d fy, mRlqd FkkA^^7

fgUnh dFkk yf[kdkvk u viu&viu y[ku e ukjh eu dh vud leL;kvk dk fo"k; cuk;k gA verk çhre d jlhnh fVdV] कृ".kk lkcrh&fe=k ej tkuh] eUu Hk.Mkjh&vkidk cVh] fp=k enxy&vkck ,o ,d tehu viuh] eerk dkfy;k&c?kj] enyk xx&dB xykc] e=;h i"ik&pkd ,o vYek dcjh] çHkk [krku d fNUueLrk] inek lpno d vc u cuxh ngjh] jkthlB dk rRle] eg:fUulk ijot dk vdyk iyk'k] 'kf'k çHkk 'kkL=h dh lhf<;k] dle vpy d viuh&viuh ;k=k] 'ky'k efV;kuh dh ckou ufn;k dk lxe] m"kk fç;Eonk d ipiu [kEc] yky fnokj] nhflr [k.Myoky d çfr/ofu;k vkfn e ukjh l?k"k dk n[kk tk ldrk gA Mk T;kfr fdj.k d 'kCnk e& ^^bl lekt e tc ukfj;k viuh le> vkj dkcfy;r tkfgj djrh g rc og dyPNuh ekuh tkrh g] tc og [kn food l dke djrh g rc e;knkghu le>h tkrh gA viuh bPNkvk] vjekuk d fy, tc og vkRefo'okl d lkFk yMrh g vkj xj le>krkoknh cu tkrh g] rc ifjokj vkj lekt d fy, og pqukrh cu tkrh gA^^8

fu"d"kk& ukjh yf[kdkvk की लड़ाई उपर्युक्त गद्यांश में दृष्टिगोचर होती है। अतः निष्कर्षतः कहा tk ldrk g fd ukjh vkfndky l gh ihfMr ,o 'kkf"kr jgh gA i:"k ç/kku lekt eku e;knk d vkM e lnk ml nckdj j[kuk pkgkA dHkh ?kj dk bTtr dgdj rk dHkh noh dgdj pkj nhokjk d vUnj dn gh j[kkA bUgh ijEijkxr fiRlÙkkRed cfM;k dk yk?ku dh yMkb g& ukjh&foe'kA

lnHk lph

1- vkt dy% ekp 2013 & i"B 20
2- vkt dy% ekp 2013 & i"B 29
3- ip'khy 'kk/k&leh{kk & i"B 82
4- vkt dy% ekp 2013 & i"B 27
5- ip'khy 'kk/k&leh{kk & i"B 87
6- vkt dy% ekp 2013 & i"B 24
7- vkt dy% ekp 2011 & i"B 25
8- ip'khy 'kk/k&leh{kk & i"B 61