



Role of Teacher in Fostering Peaceful Mind among the Student in the Classroom Situation – A Theoretical Study

Ankur Mahato¹, Ajoy Roy²

1.State Aided College Teacher, Department of Education, Bandwan Mahavidyalaya, Bandwan , Purulia, West Bengal, Email: ankurmahato2@gmail.com

2. Ex-Student, Department of Education, Sidho-Kanho-Birsha University, Purulia, West Bengal, email:ajoyroy67281@gmail.com

Abstract:

Peace is the fundamental principle of living for human being as well as nature. Peace can help to obtain the right to basic quality education. Now a day to establish peace and harmony is very much essential for an individual as well as society. Peace is simply having a feeling of safety, calm and relaxation. Peaceful mind helps to concentrate in every field and every situation of an individual to overcome any problem. If we want to establish peace in a society, in that case student plays a vital role. Student is the pilot of future to grow the society as well as country. So at first peace should be established in a student's mind by the teacher then easily spread peace in the society. Teacher is one of the best medium to simply extend peace among the students mind. Teachers are basic component of the school community and the wider community where the school is located. Teacher not only teaches the student but also develops democratic thinking, concept of justice, harmony etc, which are helped to establish peaceful setting among the students. In this paper an attempt is made to know the role of teacher in fostering peaceful mind among the students. The qualitative research method was followed.

Keyword: Education, peace, teaching method, teacher.

Introduction:

“Teaching is a very noble profession that shapes the character, caliber, and future of an individual. If the people remember me as a good teacher that will be the biggest honor for me”.

A.P.J. Abdul Kalam

Peace is the essential part of every human being to living proper way. Peaceful mind has improved thinking power of student as well as individual. Teacher has plays a vital role to create peaceful mind among the student. Teacher used various technique or method to develop peace environment in the classroom situation. Peace is a one type of discipline which should be practiced by all of human being. Education helps us to understand our

ultimate goal in life – i.e. to live with nature peacefully and harmoniously as a well adjusted individual in our surrounding. The global process of learning peaceful behavior can be achieved in classrooms through Learning Activities utilizing the valuable tools of active listening, critical thinking, and imagining creative, non-violent responses to conflict, which can be used with all ages and level of student, though most suited for youth over the age of twelve, by giving rewards of working cooperatively to achieve a goal (mala, 2014). Peace is basically having a feeling of security, calm and relaxation. We almost think that peace as being an international issue, far from our daily life, but we do not realize that global peace can only be achieved if each country is settled and at peace. The peace and happiness of each country can only be achieved if every citizen is at peace. We all want peace of mind.

Meaning of peace:

Peace is a universal concept which is acquiring every individual through the various activities and its every individual has to be filled with peace for both physical and mental health. It is also a value to be cherished from birth till death (Das & Das, 2014).

Peace is a human value that implies to contain aggression, exhibit a minimum of pro-social and cooperative behavior, and can deal with, as well as trans-form, arising conflicts in a non-violent way. These abilities, which are required by individuals of society through the society (Sommerfelt & vambheim, 2008).

Need of the study:

Now a day is age of globalization where violence has spread in every areas as well as every society. It is necessary to recover the situation. For instance, peaceful mind established among the student mind is better way to recover the situation. In a classroom situation teacher can establish peaceful mind among the student mind through the use of various teaching method. Peaceful mind is a state of being mentally and spiritually at peace and in amalgamation with your emotions. It is to have adequate knowledge and understanding to keep oneself calm in the face of stress. Every parents need to be equipped with peaceful solutions to help their children navigate the rough climate present in modern day times. Education is a keystone in the peace building process. As today's youth become increasingly desensitized to violence. Teacher is the powerful instrument to shape the attitudes and skills of young people toward peaceful human relations. Through the teaching young children as well as students values of respect, tolerance, sympathy and empathy, and by equipping them with the necessary skills to resolve conflict in a non-violent manner. Teacher is provided with the tools they need, now and in the future, to foster peaceful relations at home,

at school and around the world. In that case this study is very much essential for the development of society as well as nation.

Literature review:

Parmar,R.M.(2014) has conducted a study on *“Role of teacher for peace education”*. The objective of the study was to developing peace education in high schools, college and university level. The finding of the study was that the teacher role is very important to teach student and maintain in society peace. Behera,S.K.(2013) has conducted a study on *“ Role of teacher in peace education”*.The objectives of the study were: i) To know the concept of peace education ii) To know the role of teacher in peace education. The finding of the study was to establish peace teacher play a vital role in our society. Das,S.& Das,K.K.(2014) have conducted a study on *“Imparting peace education through co-scholastic Activities at the school level”*. The objective of the study was to need of co-scholastic activities for imparting peace education in the school and another objective was to the role of co-scholastic activities as well as behavior in imparting peace education among the students. Finding of the study was that co-scholastic activities play an important role in imparting peace education to the students and thus it should always be given due importance in every school.

Objectives of the study:

- 1) Able to know the role of teacher in fostering peaceful mind among the student.
- 2) To know the various technique of teaching method.

Methodology of the study:

The qualitative research was employed to conduct the study.

Role of Teacher in Fostering Peaceful Mind among the Student:

Teachers play an important role in establishing peace of mind for students by taking active part in the classroom. The following are the important aspects of the teacher in establishing a calm mind among the students.

Democratic Environment:

Democratic environment is one of the most important aspects to calculating peaceful mind of the student. The development of democratic consciousness among the students creates a peaceful attitude. In the creation of this democratic mindset, the teacher plays a vital role in using different methods in the classroom. Such as, teachers will take student's views seriously into the classroom.

Story Telling:

Story telling is the another way of peace building .If the teacher presents in the classroom a variety of stories related to peace, there is often a sense of calmness among the students. In the future, the student will be able to create peace in the community and in the country. The role of the teacher is crucial in this regard.

Cooperative Learning:

Cooperative learning is an important teaching strategy to make peaceful environment, where as each with students of different levels of ability along with the skill in uses a variety of learning activities to enhance their understanding of a subject. In cooperative learning environment, the teacher's role is a facilitator for the class, a mature believable person who will guide the students by giving proper advice. This method improves problem – solving skills, enabling students to devise more solutions that demonstrate good creativity and practicality. All of these outcomes would be associated with the peaceful mind.

Yoga and Meditation:

Yoga and Meditation is a vital way of developing peace in the minds of the students. It can remove tension and stress from the minds of the students. This activity also helps the students to removes the negative emotions. In the modern society as well country the students are stressed and overburdened with loads of academic as well as nonacademic activities. Everyone is rushing towards a blind competition of getting better marks and grades. This develops frustrations and depressions among the students. In such a situation Yoga and Meditation can help them to a great extent in attaining peace of mind. Therefore every teacher should arrange an appropriate environment for practicing yoga and meditation so that students can learn the skill of attaining peace.

Debate:

Debate is a vital way through which students can develop their critical thinking power and analytical power in a powerful way. Students can discuss controversial issues in a safe environment through debate competition. Teacher should arrange debate competitions where different peace related issues can be taken up. This can helps to develop awareness

and attitude towards peace among the student mind. Debate can also help in promoting the values of freedom of speech, individuality, tolerance of diversity.

Group Discussion:

In this method the class can be divided into small groups to discuss about the peace. Group discussion helps students to develop communication skills which can help to create peaceful environment as well as wellbeing of mankind. So therefore, every teacher should give emphasis on group discussion method.

Mindfulness:

Mindfulness is an important technique to create peaceful mind of the students. Mindfulness is implied maintaining a moment –by – moment awareness of our thought, feelings, and surrounding environment through a gentle, nurturing lens. When students practice mindfulness, their thoughts tune into what they are sensing in the present moment rather than rehashing the past or imagining the future. Therefore teacher should arrange various exercises of mindfulness in the classroom, Such as meditation, yoga, learn through dance, etc.

Literary activities:

Literary activities such as poem writing, essay writing, and stories, recitation etc. can help in imparting peace education to a great extent. Students in the school should be given opportunity to write essays, stories, and poems etc. on different peace related issues. This can help in spreading the message of peace not only to the students but also to the masses of the society. It not only gives the students opportunity to express their views and opinions freely but also develops their creative ability, ability of abstract thinking, imaginative power and their self confidence.

Music:

Music can play an important role in imparting peace education to the students. Students should be taught to make music a part of their daily life. Music can cultivate different peace values in the minds of the students through different songs. Patriotic songs can develop a feeling of nationalism in their minds. Further music also helps the students to

develop appreciation towards other's culture. Students can also learn to resolve conflicts peacefully through music. It can also develop a group feeling, a feeling of belongingness and a feeling of being connected to the rest of the world. Therefore, teacher should make special effort to include music as a co-scholastic activity

Dance and drama:

Dance and drama are the most important technique to create peace values among the students. Every teacher should encourage their students to participate in Dance and Drama. It helps to develop the self-confidence among the students. Further it also helps in developing persistence, social tolerance and appreciation of other cultural values. It can also help the students to develop understanding of one's own culture. Different peace related issues can be very well presented in the form of dance and drama which will help the students to learn and acquire the knowledge of attaining peace.

Art and craft:

Art and craft can be developed creativity of the students. It is a better way of expressing and communicating feelings that one may not be able to do in other ways. It helps in respite of mind by removing all kinds of tension and stress. Art and craft teacher should arrange regularly art and craft class where students can be asked to do different kinds of art on peace related themes. It helps to develop their creative skill as well as develops patience, empathy and tolerance in the minds of the children along with the students.

Conclusion:

From the above discussion it can be said that in the present day the role of teacher in creating a peaceful attitude between the student and the society is unacceptable. Teacher has also taken important step steps to bring peace of mind to the students in the classroom, which will help to create peace atmosphere in the society as well as country.

References

1. Tandon, M. (2014). Non Violence and Peace Education -Role of Teachers and Teacher Education. *International Journal of Peace, Education and Development*. Retrieved from <https://www.renupublishers.com/images/article/1422023742IJPEDV2N2j.pdf>
2. Das, S & Das, K.K. (2014). Imparting peace education through co-scholastic activities at the school level. *European scientific journal*. vol.1 ISSN :1857-7881.
3. Sommerfelt, O.H & Vambheim, V.(2008). 'The dream of the good'- A peace education project exploring the potential to educate for peace at an individual level. *Journal of peace education*,5(1).
4. Parmar, R.M.(2014). Role of teacher for peace education. *The international journal of Indian psychology*, 2(2).
5. Behera, S.K.(2013). Role of teacher in peace education. *Samwaad:e-journal*,2(1).ISSN: 2277-7490.
6. <http://reports.peaceworldwide.org/peace-now/>