



j"Vh; f'k{kk uhfr 2020 ds i kB; Øe ea Hkkj rh; i kjEi fj d [ksyka dk l eko's k

MkO Jhi dk'k feJ

I g vkpk; j' f'k{k d f'k{kk foHkkx

, e0, y0d0 i h0th0 dkyst] cyjkeij m0i DA

I kekl; I kj

[ksy 'kkjhfd fodkl] ekuf d fodkl rFkk l ekthdj.k dk , d l 'kDr l k/ku gA bl h dkj.k i kphu dky l s gh [ksyka ds egRo dks l e>rs gq l e; dh vfojy /kkjk ea foHkku i dklj ds [ksyka dk fodkl Hkkjr ds foHkku {ks=ka ea gA gA cgr l kjs [ksy l Ei wkz Hkkjr ea ykdfiz gq rks dQ [ksyka us vi uh LFkkuh; rk ea egRo i wkz LFkku cuk; kA bu i p f yr [ksyka ea l s dQ [ksy rRdkyhu f'k{k.k l LFkkuvka ea ckydka ds l okz.h.k fodkl grr [ksyk tkrk Fkk rks dQ [ksy l ekt ea /kkfzd mRl oka ds vol j ij rFkk dQ [ksy vukS p f j d #i l s eukj at uk Fkz [ksyk tkrk Fkka [ksyka ds egRo dks l e>rs gq bl 'kksk vkys[k ea i kphu ; k i kjEi fj d [ksyka dks jk"Vh; f'k{kk uhfr 2020 ds i Lrko ds vk/kkj ij i kB; p; kZ ea LFkku nus ds fy, LFkki uk djus ; k l eko's kr djus grr iz kl fd; k x; k D; k f d bl i Lrkfor f'k{kk uhfr ea LFkkuh; [ksyka ij Ei j kvk 0; ol k; ka vkfn dks c<kok nus rFkk ml dk foLrkj djus dk mnas; j [kk x; k gA orzku ea i p f yr vk/kfud [ksyka ds l kFk l kFk ; fn ijEi j xr [ksyka dks Hkh i kB; Øe ea LFkku fn; k tk; s rks fo l kFkz ka ea mfpr l dklj LFkkuh; rk ds i fr l Eeku dk Hkko] dks ky fodkl] vPNs ukxfjd dk fuekz k rFkk fu; kstu Hkh i klr gksxA l kFk gh jk"Vh; f'k{kk uhfr 2020 ea ckyHkou ds LFkki uk dh tks l dYi uk dh x; h gS og Hkh l kFkd gksxA

i Lrkouk &

euq; ds 'kjhj dh vfhkof) ml dk us fxbd xqk gS tks vko'; d Hkksstu] ty rFkk ok; q vkfn dh i kflr l s gsrk jgrk gS i jUrq ml ds l okz.h.k fodkl ds fy, f'k{kk vko'; d gA f'k{kk rhu {ks=ka ea dk; Z djrh gA igyk 'kkjhfd fodkl ds {ks= ea nit jk defUnz ka , oa KkusUn; ka ds fodkl vkj i f'k{k.k ea rFkk rhl jk euq; ea fufgr tUetkr 'kDr; ka ds fodkl vkj mnRhdj.k ea ge l Hkh tkurs gS fd l Hkh deka ds fy, 'kjhj gh l k/ku gA vr% 'kjhj dk LoLFk jguk , oa fodfl r gkuk vr; ko'; d gA ge tkurs gS fd 'kkjhfd fodkl grr mfpr , oa i kS"Vd vkgkj , oa fogkj dh vko'; drk gsrh gS i jUrq doy mfpr vkgkj o fogkj rc rd vi uh l kFkzdrk dks i klr ugha djrk tc rd euq; ds defUnz ka , oa KkusUn; ka dk fodkl mfpr i f'k{k.k }kjk u fd; k tk, A p f d defUnz k; , oa KkusUnz k; ml ds 'kjhj dk gh vx gS bl fy, muds fodkl dh 0; oLFkk djus ds l kFk gh mfpr i f'k{k.k dh Hkh 0; oLFkk dh tkuh pfg, vkj bl ds fy, fo"i; xr i Bu&i kBu ds l kFk [ksy rFkk [ksy l s l Ecfu/kr xrfok/k; ka l oFkk mfpr ek; e gA

[ksy ckyd ds eu dks mRi fjr rFkk dk; Z djus ds fy, fQV cukrk gA [ksy l ekthdj.k] l elo; vkj vuqkkl u] l e; dk izl/ku djus rFkk LoLFk i frLi/kkz djus dk Hkko fodfl r djrk gA [ksy 0; fDr ea l t xrk] ekuf d ruko de rFkk dk; Z djus ds fy, p f r n e # Lr j [krk gA HkkrRo , oa jk"Vh; , drk dk i kB [ksyka l s l h[kus dks feyrk gA [ksyka l s ckydka dk 'kkjhfd l kSBo l bnj] p; ki p; dh f0; k l a f yr] usRo xqk] l dkj kRed l kp] l Eeku dk Hkko vkj cjh vknrka l s e f Dr Hkh gsrh gA fu"d"kz #i ea dgs rks [ksy d m ckyd ds 'kkjhfd] ekuf d] HkkoukRed rFkk l ke f t d xqkka ds fodkl ds fy, vr; ko'; d gA

mnas; &

1- i kjEi fj d [ksyka ds ckjs ea Kku i klrA

2- i kjEi fj d [ksyka dh vko'; drk , oa egRo dks l e>ukA

3- i kjEi fjd [ksyka dks jk"Vh; f'k{kk uhfr 2020 ds mnns; ka dks /; ku ea j [kdj i kB; p; kz ea LFkku nsuka

4- LFkkuh; rk ds i fr I Eeku ds Hkko dk fodkl A

5- vPNs ukxfjdka dk fuekz k rFkk fu; kst uA

v/; ; u fof/k &

bl v/; ; u ea f}rh; d vka dMk i = if=dkvka vksj i t r dka l s l xfrgr fd; k x; k gA
l eL; k ea vk; s 'kCnka dh dk; Zdkjh i fj Hkk"kk &

1- jk"Vh; f'k{kk uhfr 2020& Hkkjr I jdkj }kjk f'k{kk uhfr ds l nHkZ ea dlnz I jdkj }kjk
30 tgykbl 2020 dks eatij fd; k x; k MkqV gA

2- i kB; Øe & fu; kftr f'k{kk ds mnns; fuf'pr gksrs gA bu fuf'pr mnns; ka dh i kflr
ds fy, Nk=ka dks Kku dh fofHku 'kk[kk vka vFkzr fo"ka; ka dk Kku dj; k tkrk gS vksj muds
fofHku i djk dh fØ; k, a dj; h tkrh gA l keku; r% bl h dks i kB; p; kz dgk tkrk gA

3- i kjEi fjd [ksy & bl 'kCn dk rRi; Z Hkkjr rh; l ekt ea vrhr dky ea [ksys tkus okys
[ksy rFkk ml l e; l s pyrs vk jgs [ksy l s gS tks ijEi jk ds #i ea Hkkjr rh; l ekt ea ekst n
Fks rFkk dN vkt Hkh i pfyr gA

4- l ekošk & bl 'kCn l s rRi; Z i kphu rFkk ijEi jkxr [ksyka dks i kB; ppkz ea l fEefyr
djus l s gA

rdZ ærrk &

[ksydin dh mi; Ør egROI w kZ fo'kskrk vka dks /; ku ea j [kdj gh LorU=rk i kflr ds i nZ
rFkk LorU=rk i kflr ds i 'pkr ds l Hkh f'k{kk vk; kska ds ifronu ea [ksydin dks i kB; Rrj fØ; k
dyki ka ea 'kkfey fd; k tkrk jgk gA jk"Vh; f'k{kk uhfr 2020 ds MkqV ea ckydka ds fy, [ksy
vk/kkfjr rFkk xfrfof/k vk/kkfjr f'k{kk dks 'kkfey fd; k x; k gA bMkj , oa vkmVMkj [ksy]
i gfy; ka vksj rkd d l kp] l eL; k l y>kus dh dyk rFkk vl; xfrfof/k; ka vkfn ds ek/; e l s
l keftd dk; l ekuoh; l onuk f'k"Vkpj] vPNs 0; ogkj] l eng ea dk; Z djuk vksj vki l h
l g; ks dks fodfl r djus ij /; ku dSunr fd; k x; k gA bl uhfr ds i Fke Hkkx Ldny f'k{kk ea
; g i fjd Yi uk dh x; h gS fd l h [kuk eq; #i l s [ksy vk/kkfjr f'k{kk ij vk/kkfjr gkuk pkfg,
ftl l s l KkukRed] HkkoukRed vksj 'kkjhfd {kerk vka ds fodkl dk vol j fey l dA Nks/s
cPpka ds fy, l h [kus dh l okRre fof/k [ksy fof/k gsrh gA jk"Vh; f'k{kk uhfr 2020 ea dgk x; k
gS fd d{kk , d ds fo | kFkz ka ds fy, , uOl hObDvkj OVhO rFkk , l Ol hObDvkj OVhO vYi dkyhu 3
eghus dk lys vk/kkfjr ^Ldny rS kjh ekM; w** cuk; xA bl l s ; g LFkfi r gsrk gS fd f'k{k.k
0; oLFkk ea ; fn [ksydin dks fof/kor LFkku fn; k tk, rks og Nk=ka ds l okh.k fodkl ea
l okf/kd i Hkkoh xfrfof/k gksxA

i z/kku Hkkx dk o.ku&

jk"Vh; f'k{kk uhfr 2020 ds Ldny f'k{kk ds Hkkx 4-8 ea dgk x; k gS ^ [ksy l ello; , d
Økl djhdjy 'kqf.kd nf"Vdksk gS ftl ds rgr LFkkuh; [ksyka l fgr fof/k 'kkjhfd
xfrfof/k; ka dk f'k{k.k i fØ; vka ea mi; ks fd; k tkrk gS rkd ijLi j l g; ks] Lor% igy
djuk] Lo; a funf'kr gkdj dk; Z djuk] Lo vud kkl u] Vhe Hkkouk] ftEenkj] ukxfjdrk vkfn
tS s dksky fodfl r djus ea l gk; rk gS l dA [ksy l ello; vf/kxe d{kk ds nksku gksk rkd
Nk=ka dks fOVud dks , d vkthou nf"Vdksk ds #i ea viukus vksj fOV bM; k ened/ ea
i fjdYi r fd; s x; s vud kj fOVud ds Lrj ds l kFk l kFk l r f/kr thou dksky i klr djus ea
enn fey l dA f'k{kk ea [ksyka ds l ello; dh vko'; drk dks igys gh igpkuk tk ppk gS
D; kfd bl l s cPpka ds 'kkjhfd vksj eukoKkfud dY; k.k ds ek/; e l s l okh.k fodkl gsrk gS
vksj l KkukRed {kerk, a Hkh c<rh gA** , u-bzi h 2020 dk ; g dFku [ksyka dh vko'; drk , oa
egRrk dks i fjy fkr djrk gA , u-bzi h 2020 ds Ldny f'k{kk ds 4-26 fclnq ds vud kj i R; d
fo | kFkz xM 6 vksj 8 ds nksku jkT; ka vksj LFkkuh; l epnk; ka }kjk r; fd; s x; s vksj , d LFkkuh;

dđky vko' ; drkva }kjk efiæ ds vuđkj , d vkullnk; h dks Z djsx tks fd egRo i w k z
 0; kol kf; d f'kyi tš s fd c<bfxjh] fctyh dk dke] /kkrq dk dke] cixokuh] feVvh ds crZuka
 dk fuekz k vkfn dk , d tk; tk nsxk vksj vi us gkFkka l s dke djus dk vuđko inku djsxka ; g
 dk; kZuko rFk l ekt l ok dh ; kst uk, a Nk=ka ea 'kkjhjd LokLF; ds fcuk l Qy ugha l drh gA
 LoLFk jgus ij gh [ksk] dkj [kkuka vkfn ea dk; Z djus dh {kerk c<rh gA l Fk gh [ksydin rFk
 0; k; ke l s i klr fQVud l s l g; ksx] Vheadz l eL; k dks gy djus vksj rkdz d fparu] 0; ol kf; d
 , Dl i kstj vksj dks ky ekfyd drd; ka dk ikyu djus vkfn xqkka dk fodkl gsrk gA mi ; Dr
 fofHku xqkka dks Nk=ka ea fodfl r djus rFk jk"Vh; f'k'kk uhfr 2020 ds y{; ka , oa mnns ; ka dks
 i klr djus ds fy, gea i kphu rFk vk/kfud [ksy dks i k B; Øe ea 'kkfey djuk gksxka l Zrq
 vkys[k ea i kphu [ksyka dk l f'klr o. kZ jk"Vh; i k B; p; kZ ds fuekz k ea l g; ksxh gksxka

dfri; fo}kuka dk fopkj gšfd oržku ea i pfyr [ksyka tš s Qv/cky] i ksyk] Vful vkfn
 [ksy i kphu dky ea Fks gh ugha FkkMh ng ds fy, ge eku ya fd ; s [ksy i kphu dky ea ugha Fks
 i jUrq bl dk dñ u dñ Lo#i vo' ; fo|eku Fkka ; fn ; s oržku ds [ksy vksj bl dk Lo#i u
 Hkh gsrk i kphu Hkjr ea vl; JŠB ØhMk, a i pfyr Fkka mudk fo'kš egRo Fk rFk ckyd , oa
 ; ok LokLF; of) ds fy, [ksyrs Fks rFk [ksyka dk vH; kl djrs Fkka gfjoa k i gk. k] o. kZ jRukdj
 'kš jRukdj] ekul ksykl vkfn xFkka ea cgr l kjs JŠB [ksyka dk mYys[k gA ; gk dñ [ksyka ij
 i zdk'k Mkyus dk iz kl fd; k x; k gA [ksyka ds eq; #i l s pkj Hkn fd; s tk l drs gš igyh
 Js kh ea os gš tks eukjatu ds fy, [ksys trs Fkka nil js ea os [ksy Fks tks n'kzka dks iz lu djrs
 Fk rh l js oxZ ea /kkfezd&l kekfd mRl oka ea [ksy tkus okys [ksy Fks rks pkFk izdkj fefJr [ksyka
 dk Fkka vkb, vc dñ ijEi jkxr [ksyka ds tku&

1- df=e o"khk ØhMk &

bl [ksy ea ckyd cšy ; k 'kj tš s peMš dk di Mš vks<dj yMšs Fks rFk ml tkuoj
 tš k vkokt fudkyrs Fks ; k 'kCn ckyrs Fkka bl s df=e o"khk ØhMk dgk trk Fkka bl ea vl;
 i 'kq i f{k; ka dh Hkh oš k HkMk rFk vkokt fudkyuk l fefyr Fkka bl [ksy l s vuđj .k dh i dfr
 dk fodkl] ml tkuoj dh i dfr; ka l s ifjp; rFk egRo vksj tkuojka ds ifr iæ i šk gsrk
 Fkka

2- fuy; u ØhMk &

fuy; u [ksy nks izdkj dk gsrk Fkka igys ea , d ckyd fNi trk gš rFk nil js ckyd
 ml s <rs gA dñ , d pkj curs gš rFk vl; fl i gh cudj <rs gA ; g [ksy fofHku {s=ka ea
 pkj & fl i gh] vbl & i kbl vkfn ueka l s tkuk trk gA bl [ksy l s ckydka ea [ksth i dfr dk
 fodkl gsrk gA nil js izdkj ea ckydka dk l eng rhu Jf. k; ka ea , d i 'kq kyd nil jk i 'kpkj rFk
 rh l jk HkMka dk cu trk gA bl [ksy ea i 'kpkj ka dk l eng HkMka ds l eng dks mBkdj ys trk gš
 rFk i 'kq kydka dk l eng ml s <rk gA bl [ksy l s ckydka ea l g; ksx] l ello; l kgl rFk
 [ksth i dfr ds xqkka dk fodkl gsrk gA

3- edMkyou [ksy&

bl [ksy ea ckyd cnjka dh Hkfr i M+ij p<rs gš rFk i Mka dh Mky; ka ea fNi rs jgrs
 gA uhps , d yMek , d xsys ea j [ks MAMk ; k fdl h oLrq dh jkk djrk gA i M+p<gq ckyd
 Mky; ka ij yVd yVd dj fo'kš izdkj dh vkokt ; k cnjka tš h vkokt fudkyrs gAs uhps
 xsys ea [kMk yMek mudks Nuus dk iz kl djrk gA ; fn dkbZ Nw trk gš rks og ckyd xsys ea
 [kMk gsrk gA tc bl iz kl ea uhps [kMk yMek fdl h dks Nuus tk; s rc rd nil jk i M+ij
 p<k yMek dndj ml s MMs dks Nw ns rks i u% ml yMeds dks uhps [kMk jguk i Mfk gA bl [ksy
 dks Hkjr o"z ds fofHku {s=ks ea FkMš cgr i fjonZ ds l kFk [ksy trk Fk rFk LFkuh; ds vk/kj
 ij uke Hkh vyx vyx feyrk gš tš s vksy&i k rh] dndg vkfnA bl [ksy l s ckydka ea l trk

o l fØ; rk ds xqkka ds l kfk i Mks ij p<ej l rgyu LFkkfi r dus rFkk 'kkjhfd l q<fk dk Hkh xqk i shk gkrk gA bl [ksy dk Hkh mYys[k Jhen-Hkkxor xhvk ea feyrk gA

4- Hkke. k ØhMk &

bl izkj ds [ksy ea l eng ds cPps, d nit js dk gkfk i dMøj >ers gA; k, d nit js dk gkfk i dMøj ygj ds #i ea mBrs cBrs gA bl [ksy ea l Vhd l e; ij l ello; dk fo'ksk xqk fodfl r gkus ds l kfk 'kkjhfd fQVud Hkh gkrk gA

5- vgegfedk Li 'kz ØhMk &

bl [ksy ea nij cBs ckyd dks l cl s igys dks Nirk gS bl dh i frLi /kz gkrh gA l cl s igys Nius dk izk ckyd djrs gA rFkk rst nkM+yxkdj fdl h nij cBs ckyd dks Nius dk iz kl djrs gA

6- f'kD; kfn eks'k. k ØhMk &

bl ØhMk ea, d xan ts h dkbz oLrq gkrh gS ml xan; k oLrq dks ml ds Lokh dks u nadj vl; ds ikl Qad nh tkrh gS rFkk Lokh ns[krk jg tkrk gS rFkk ml s ikus dk i% i% iz kl djrk gA tc Lokh Fkd tkrk gS rc ml sog oLrqns nh tkrh gA bl [ksy ea l eizk ds Hkko dk l rfyf fodkl gkrk gA

7- xrkfnyaku ØhMk &

; g [ksy vkt ds yEchdn ts k gh gA bl ea; g ns[kk tkrk gS fd fdl ckyd ea fdrus nij rd dinus dh {kerk gA

8- fcYokfn izksi . k ØhMk &

; g [ksy de l s de nks ckydka ds chip gkrk gA bl [ksy ea xan; k csy dks, s s Qadk tkrk gS fd os jkLrs ea gh Vdj k tk; A bl [ksy ea l Vhd dks k l s xan Qaduk i Mfk gA nkuks f[kyfm+ka ds xan Qadus ea dks k rFkk xfr dh l ekurk ea l keatL; gkus ij gh xanks ds Vdj kus dh l Hkkouk curh gA

9- vLi'; Ro ØhMk &

; g [ksy vka[kka ij i VVh cakdj; k vka[k eindj [ksy tkus ij vk/kfjr gA; g [ksy rhu izkj l s [ksy tkrk gA igys ea dkbz ckyd; k 0; fDr pij ds l s fdl h ds i hNs tkdj ml dk vka[k cln dj nrk gS rFkk ftl dk vka[k cln gkrk gS og cln djus okys dh i gpku djrk gA; g cgr gh eeLi'khz Hkko okyk [ksy gkrk gS D; kfid ftl dh vka[k cln dh tkrh gS ml s dby Li 'kz ek= l s gh i gpkuuk i Mfk gS D; kfid cln djus okyk vkokt Hkh ugha djrkA nks 0; fDr; ka ds chip fj' rka ds izk<rk dh i gpku bl [ksy }kj k gkrh gA nit js izkj ea, d ckyd dk di M-dh i VVh l s us= cln dj fn; k tkrk gS rFkk us= cakc ckyd nit js fNis gq ckydka dks <rk gA <rus ea og ftl ckyd dks igys Nirk gS vc ml Nq gq ckyd ds us= ij i VVh cakc nh tkrh gS rFkk og vc vl; dks <rk gA rhl js ej cakc us= okys ckyd dks vl; ckyd Nw Nwdj Hkkxrs gA rFkk cakc vka[k okyk mlga i dMūs dk iz kl djrk gA bl izkj ea eu vks 'kjh ds chip rjUr fØ; k fdruh tYnh gkrh gS bl dh ij hkk gks tkrh gS rFkk ckydka ea rjUr fØ; k xqk dk fodkl gkrk gA

11- Li UnkUnkfydk ØhMk &

bl ØhMk ea ckyd dks >nyrs gq nks rhu pkj >nyka ij p<ej yxkrkj p<fs pys tkuk gkrk gS; g l Uryu vks l Vhd vupeku ds xqkka dks fodfl r djus okyk [ksy gkrk gA

12- ui ØhMk &

bl ea ckydks dks , df=r gkus ds i' pkr muea l s , d jktk curk gS rFkk vl; ea=h vkfn cudj dk; / djrs gA ; g fcydgy orëku ea fo | ky; ka ea vk; kf tr gkus okys ; pk l d n tS k gA bl [ksy l s ckydka ea urRo {kerk} i / kkl fud {kerk} oDrRo dyk] vkRefo'okl] fMcV djus dh {kerk vkfn dk fodkl gkrk gA

13- gfj .k ØhMk &

bl [ksy ea ckyd fgju dh Hkkfr mNys dnrs gg , d nil js l s vkxs fudyus dh psVk djrs gA

14- no nR; ØhMk &

bl ea dN 0; fDr nork rFkk dN 0; fDr jk{kl cudj /ky vkfn mMk mMkdj [ksyrs gA

15- ty ØhMk &

bl [ksy ea iMka ij l s ty ea dnrs gS rFkk dnus ds i' pkr , d nil js ij ikuh mNkys gA orëku ea ; g [ksy fodfl r gkdj Lohfax igy ea fofHku izdkj l s [ksyk tkrk gA bl dk jk"Vh; , oa vUrjkZVh; Lrj ij [ksy Li /kkz vk; kf tr gkrk gA

16- dUnpd ØhMk &

bl [ksy ds igys izdkj ea xIn Aj Qadh tkrh gS vkj nil jk ml s idMtus dh psVk djrk gA ; fn og ugh idM+i krk gS rks og igys Qadus okys ds d/ks ij p<dj fQj Qadrk gS rFkk vl; tehu ij fxjrs l s idMtus dk iz kl djrs gA ; g [ksy ckN/hckNly dk i nrbh : i i nrh gkrk gA nil js izdkj ea xIn Hkhr vFkkZ~nhoky ij ekj dj nckpuk gkrk gA ; g orëku LDoSk dk i nrbh : i yxrk gS ftl ea nks f[kykMh jSdV l s nhoky ij xIn dks ekjrs gA

17- ou Hkkstu ØhMk &

bl [ksy ea ckydka dk leg taxy ea tkdj ogha ij ckVh pks[kk vkfn Hkkstu cukrk rFkk [krk FkA vkt dy bl h dks fidfud uke fn; k x; k gA bl [ksy l s l g; kx fe=rk] fer0; ; h , o de l d k/kkuka ea Hkkstu cukus vkfn dk xqk fodfl r gkrk gA

18- fu; q) ØhMk &

bl [ksy ea nks 0; fDr vki l ea ?kil k ekjdj ; k dqrh yMoj [ksyrs FkA vkt ds ckfDd x vkj jS fyax dk i nrbh : i gA nks egk; ks) kvka ds chp ea ; g ØhMk gkrh FkA

19- uR; ØhMk &

bl ØhMk ea dN ykx ukprs Fks rks dN ykx rkyh ctkrs FkA ok | ; a=ks dk Hkh iz kx gkrk FkA bl [ksy dks yMeds rFkk yMfid; k; vyx&vyx rFkk l kFk ea Hkh [ksyrs FkA orëku l e; ea iR; d Lrj ds f'k{kk l FkVka ea fofo/k : i l s l kldfrd dk; Døe ds : i ea vk; kf tr fd; k tkrk gA Nk=ka ds vkRe fo'okl ea of) dk , d egROI w kZ xfrfof/k fo | ky; ka dh gkrh gA

20- eRL; ØhMk &

uko ij p<dj eNyh idMtus ds fofo/k rjhdk ds : i ea bl [ksy dks [ksy dks tkrk FkA bl h [ksy ds Øe ea eNyh idMtus l h[kk tkrk FkA

21- prjæ [ksy &

orëku dk 'krjat [ksy bl dk iðbrh: i gÅ pks M+; k pknkj ds uke l s Hkh i pjkj tkrk FkA bl [ksy dks i wkr% Hkkjr; mRi fRr ekuk tkrk gÅ ; g rkdz , ð ekuf d fodkl dsfy, l okf/kd mRre [ksy gÅ

22- 'kky Hkftdk ØhMk &

; g dBi rfy; ka ; k xM+ ka dk [ksy FkA dBi rfy fo/kk Hkkjr ea cgr ykdfiz FkA vkt Hkh bl sftUnk cuk; s j [kus dk iz kl fd; k tk jgk gÅ iðz ea 0; ol k; dk , d cMk l k/ku gsrk Fkk ; g [ksyA

23- yrks}kg ØhMk &

bl [ksy dks ik; % yMfd; kj ; k efgyk, a [ksyrh FkA bl ea os i M+csy] ryl h vkfn jks rh Fkha rFkk iky ikd dj cMk djus ds i' pkr-ml dk fookg jpkrh FkA ryl h fookg rks orëku ea Hkh /kkfezd dR; ds : i ea Hkkjr ds vf/kdkk fgLl ka ea fd; k tkrk gÅ i ; kbj.k l Fkku ds ifr l dkjRed Hkko fodfl r djus dk cgr gh vPNk rjhdk Fkk vkj vkt Hkh gks l drk gÅ

24- ohVk ØhMk &

; g xYyh MAMk dk [ksy gÅ ; g [ksy vkt Hkh ipfyr gÅ bl dk mYys[k egkHkkjr ds vkfn ioz 131@17 ea Hkh feyrk gÅ dgk tkrk gS fd orëku fØdV [ksy ds eny ea xYyh MAMk gh gÅ

25- gYyh'k ØhMk &

; g [ksy ckyd rFkk cfydk, a feydj [ksyrs gÅ bl ea , d yMek fQj , d yMeh tS s cgr l kjs yMedks dk l eg Øekud kj mBrs rFkk cBrs gÅ rFkk e.Mykdkj ?ners gÅ ; g [ksy Nk=&Nk=kvka ea fyak Hkn dks l ektr djus dk , d egRo i wZ [ksy gks l drk gÅ

26- uko ØhMk &

; g [ksy fofHklu /kkfezd mRl oka ; k fo'ksk vol j ij [ksyk tkrk FkA cMk>hyk rkycka ; k ufn; ka ea uko pykus dh ifr; kfxrk gsrh Fkh ftl ea dky rFkk rst uko pykus okys dks fotrk ?kks"kr fd; k tkrk FkA

27- ou fogkj ØhMk &

bl [ksy ea ou ea tkdj Qyka dks puu} ekyk cukus rFkk fcuk l kexh ds Hkktus cukus dh ifrLi /kkz gsrh FkA orëku ea Hkkjr & LdkmV xkbM ds f'kfojka ea , d h ifr; kfxrk dk vk; kst u gsrk gÅ

28- vkeyd ed'V; kfn ØhMk &

bl [ksy ea , d ckyd ; k cfydk vi uh eBh ea dN cn dj yrk gS rFkk nil js l s i Nrk gÅ v'k} ; k u crykus ij fotrk u crk ikus okys yMek ; k yMeh dks ed'V l s igkj djrk gÅ

29- nnyko ØhMk &

bl [ksy ea ckyd dks es-ed dh Hkkr mNy&mNy dj pyuk gsrk gS rFkk tks l gh <æ l s es-ed dh rjg dnrs gq y{; js[kk ij igprk gS ml s fotrk /kks"kr fd; k tkrk gÅ

30- ukV; ØhMk &

ukVdka dk [ksy ikphu le; l s vkt rd ipfyr gA ; g [ksy , d i d kj l s vudj . k dh i d fr ds fodkl ea l gk; d gkrk gA vudj . k dh i d fr gh rFkk ml s djuk gh ukVd gA ukVdks ds [ksy l s Nk=&Nk=kvka ea Lej . k 'kfDr dk fodkl] djds l h [kuk] bñnz ka dk i f' k{k . k] ukxfjd xq kka dk fodkl rFkk dykRed : fp dk fodkl gkrk gA l kFk gh ns[kus okys dks Kku rFkk eukjatu dh i fr gkrh gA

31- vykropØ ØhMk &

bl [ksy ea , d ydMh ds fl js ij di Mh dk ekv/k xkß ck/k nrs gA rFkk ml s tykdj vkdk'k ea ?kærs gq v{kj fy[kus dk iz kl djrs gA ; g [ksy fdl h Hk'kk ds v{kj Kku dks l e>us ea egroi w k Hkfedk fuHk l drk gA

32- xnk ØhMk &

bl ea nks 0; fDr Ñf=e : i ea xnk; q) djrs gA bl [ksy ea 'kkfjfd 'kfDr rFkk piyrk dk xqk fodfl r gkrk gA bl h rjg /kufozkk rFkk [kMx fo]k [ksy Hk [ksyk tkrk gA /kuTk rFkk ryokj ckth dk [ksy vkt Hk ipfyr gA

33- fp= ØhMk &

bl [ksy ea fofHku emkvka ea fp= cukuk] i fVx djuk rFkk Mkbæ djuk vkfn vkrk gA ; g [ksy vkt Hk f'k{k l l Fkvka ea vfrfjDr i kBØe ds vlrXh 'kfeY gS rFkk bl dk vk; kstu gkrk jgrk gA

34- dk0; foukn ØhMk &

; g i w k z % c f) d [ksy FkA bl ea dfork vfn ea =fV; ka dks 'kq) djuk gkrk Fk tS & fclnh dh =fV [ky dks fclnh; qd) ek=k dh xyrh l gh djus okys [ksy dks ek=kP; qd) vkfn dgrs FkA bl h rjg dh l eL; ki frZ rFkk i gfydk dk Hk [ksy gkrk FkA vkt dy dk i tYl bl h Js kh dk [ksy gA

35- okftokg; ØhMk &

bl [ksy ea ?kMh ij p<dj xñ [ksyuk gkrk FkA bl s pksku Hk dgk tkrk gA i f jof/kr Lo: i ea ; g [ksy vkt Hk [ksy tkrk gA

36- ?kV ØhMk &

; g [ksy ekuf l d l rnyu dk vnHkr [ksy FkA bl [ksy ea fl j ij vud ?kMh dks ydj pyuk ; k uR; djuk 'kfeY FkA bl h Js kh ds [ksy ea vaxjka ij pyuk] jLI h ij pyuk vkfn vkrk gA

37- dcMMh [ksy &

Hkjr dk cgr ij kuk [ksy gS rFkk Hkjr ds i k; % l Hk Hkxka ea [ksy tkrk FkA vkt Hk ; g [ksy fofHku ueka l s vyx&vyx {ks=ka ea ipfyr gA orZku le; ea ; g fu; fer rFkk ykdfiz [ksy fo'o ea cu x; k gA Qrh] piyrk] yEch l ka jkduk rFkk 'kkfjfd rkd ds l kFk ekuf l d etarh dks inku djrs oky [ky gA cgr gh de l d k/kuks ea ; g [ksy [ksy tk l drk gA

38- [kks& [kks ØhMk &

; g [ksy i p f y r r F k k y k d f i ; [k s y k a e a l s , d F k k A v k t H k h ; g d k O h y k d f i ; [k s y g s r F k k f ' k { k . k l l F k k v k a e a b l d h i f r ; k f x r k g k r h g A [k k s & [k k s d s f [k y k f M + k a e a n e] r s t n k M t e j l r d r k v k j i R ; R i U u k c f) d s f o d k l d k [k s y g A

39- ey [kEHk [ksy &

; g k j g o h a ' k r k C n h l s i p f y r g v k g A i k j E H k e a ; g d q r h f [k y k f M + k a d s v H ; k l d s f y , y d M t d k c u k , d [k E H k k g k r k g s f t l i j p < e j r F k k f o f o / k i z d k j l s d q r h f [k y k M t v H ; k l d j r s g A r F k k v i u h d q k y r k c < k r s g A f o d k l d s O e e a ; g f t E u k L V d s f y , H k h m i ; D r g s A ; g k j e Y y d k v F k z f t E u k L V r F k k [k E H k d k v F k z i k s y g A v c ; g v i u h u ; h f o ' k s k r k v k a d s l k F k f o ' k s k i g p k u c u k f y ; k g A c Y y e e V V n k n k r F k k n o / k j b l [k s y g r q i f l) i f ' k { k d d s t k s i s k o k c k t h j k o f } r h ; d s [k s y i f ' k { k d j g A

40- phdk [ksy &

; g [k s y x t e h . k { k s = k a e a c g r v f / k d i p y u e a F k k A b l [k s y e a i R ; d n k s u k a n y k a e a b l 8] ; k 10 f [k y k M t g k r s g A Q h Y M d k v k d k j v k ; r k d k j g k r k g s t k s c j k c j p k j H k k x k a e a c j v k g k r k g A , d n y Q h Y M d s c k j g k r k g s r F k k n i l j k v k ; r d s p k M t b z o k y s j s k k v k a i j r s u k r g k r k g A t k s n y c k j g k r k g s m l e a , d e q ; f p d b r g k r k g s f t l s v k ; r e a r s u k r i f r } U n h f [k y k f M + k a l s c p r s g q i k j t k u k g k r k g A c k j j g u s o k y s f [k y k M t r F k k v k ; r d s y k b u i j j g u s o k y s f [k y k M t v i u s l e d { k i f r } U n h p u d j , d n i l j s d k g k F k i d M + d j v i u h v k j [k h p r s g A v k ; r d s y k b u i j j g u s o k y s , d e q ; d l r k u f [k y k M t d k s y k b u l s M s + Q v r F k k v l ; f [k y k M t d k s , d Q v r d [k h p n r k g s r k s o s v k m V g k s t k r s g A r F k k b l h O e e a v i u h f u ; r n i j h d k s c j d k j j [k r s g q c k j j o k y s f [k y k M t d s i j i j v i u s i j l s e k j n r k g s r k s o g v k m V g k s t k r k g A b l O e e a c k j j g u s o k y h V h e d k f p d b r v k ; r d k s i k j d j t k r k g s r k s V h e f o t r k ? k f " k r g k s t k r k g s ; k i k j d j r s l e ; f p d b r d s ? k v / u s d s u h p s i j i j e k j n r k g s r k s y k b u i j j g u s o k y h V h e f o t ; h g k s t k r h g A [k s y e a ' k k j h f j d { k e r k } e k u f l d p i y r k j v k R e f o ' o k l r F k k b z e k u n k j h d s x q k f o d f l r g k r s g A

41- fpj\$ k <ny&<ny ØhMk &

; g [k s y f ' k ' k q r F k k i k F k f e d L r j d s c P p k a d s f y , c g r g h m i ; k x h g A b l [k s y e a x f . k r d h e k u f l d f O ; k d k i z k x g k r k g s f t l l s c k y d k a e a x f . k r d s i f r : f p r F k k n { k r k f o d f l r g k r h g A b l [k s y e a c P p s n k s c j k c j l a ; k e a n k s n y k a e a c j v t k r s g A n k s u k a n y k a d s f [k y k M t c P p s , d l k F k f p j \$ k < n y & < n y t k j l s c k s y r s g s r F k k l H k h f o f H k U u f n ' k k v k a e a v i u s V h e d s l k F k f u d y t k r s g A v i u s & v i u s l k F k ; k a d s l k F k f N i & f N i d j t e h u i j ' k h ? k a r k l s N k s / h & N k s / h y d h j a [k h p r a g A , d f u f ' p r l e ; c k n n k s u k a n y k a d s f [k y k M t i q % , d l k F k f p j \$ k < n y & < n y c k s y d j b d V B k g k s t k r s g A b d V B k g k u s d s i ' p k r - f Q j o g h a c k s y d j v i u h i f r } U n h V h e k a d s } k j k [k h p h a x ; h y d h j k a d k s < e d j f e v k r s g A i q % , d f u f ' p r l e ; c k n m l h m n A k k s k l s o k i l v k r s g s r F k k v i u s v i u s n y d h c p h g o z y d h j k a d k s f x u r s g A f t l V h e d h y d h j a v f / k d g k r h g A o g V h e f o t r k ? k k f " k r g k r h g A b l [k s y e a e k f [k d : i l s N k = y d h j k a d k s t k M f } ? k v k r s r F k k f d r u s x u s d s v r j l s t h r s g k j s ; g r ; d j r s g A

fu"d"kl , d l p>ko %

v L r j H k k j r o " k z e a [k s y k a d h b l l e) i j E i j k d k s j k " V h ; f ' k { k k u h f r 2020 d s i k B ; O e f u e k z k e a f o p k j k a i j k l r ' k f e y d j u s d k d k ; Z g k u k p k f g , A m i j k D r m f Y y f [k r [k s y f o f H k U u { k s = k a e a f o f H k U u u k e l s t k u s t k r s g A F k k M t c g r f u ; e k a e a i f j o r z u H k h { k s = h ; v k / k j i j g k s l d r s g A v r % j k " V h ; f ' k { k k u h f r 2020 e a f t l L F k k u h ; r k d s c < k o k n e u s o m l s i k B ; O e e a ' k k f e y d j u s d h c k r d g h x ; h g s m l d s f y , m i ; D r [k s y H k h e g R o i w k z g k a A b u L F k k u h ; [k s y k a l s m f p r f ' k { k k v k j l l d k j f n ; s t k s x a r k s f u ; k s t u H k h g k s l d r k g A v i u h L F k u h ; [k s y r F k k i j E i j k a d s

ifr l Eeku dk Hkko o'grkj Hkkjr ds ; p'k dks dks ky l s Hkh l Ec) djsxkA jk"Vh; f'k{kk uhfr ea of'od ukxfjd cuus l s igys LFkkuh; ukxfjd cuus dk tks iko/kku fd; k x; k g\$ ml mns ; dh i firz gksxhA bl uhfr dh l Qyrk f'k{kdka ds l kFk&l kFk l epk; ij Hkh fuHkj gA vr% gea Nk=ka ds 'kkjhfd] ekuf l d rFkk vkUrfd {kerk ea fodkl ds fy, l kep'f; d [ky] ijEi jkxr [ky rFkk xrfof/k; ka dks ikB; p; kZ dk fgLI k cukuk l MxkA jk"Vh; f'k{kk uhfr 2020 ds Ldny f'k{kk ds 7-11 ds vuq kj iR; d ftys ea ckyHkou LFkfr djus dh tks l dYi uk dh x; h g\$ t'gk; gj mez ds cPps l lrg ea , d ; k vf/kd ckj tk l dxa vkj dyk] [ky rFkk d\$; j l Ecu/kh xrfof/k; ka ea Hkkxhnhkj dh l d\$; ml ds fy, mi ; Dr ikphu ; k ijEi jkxr [kyka dks ikB; Øe ea l feefyr djuk , d mi ; kxh o egroi w kZ dne gksxkA

- 1- dY; k.k] f'k{kd l a; k 1& o"z 62 xhrki d] xkj [ki g]
- 2- p'ks , e-] MKW f}onh MKW ikBd ftrshz] l p'ks dk; kZuko Kku] fgUnh ipkj d l LFkku] i ks ck0 u0 106 fi 'kkpekpu] okjk.k l h 1982
- 3- ekuo l d k/ku fodkl ea=ky;] Hkkjr l jdkj] jk"Vh; f'k{kk uhfr 2020 dk MKWVA
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